



Australian Government

Australian Sports  
Anti-Doping Authority

June 2007

# FACT SHEET

## Athlete Rights and Responsibilities

**PURE**  
PERFORMANCE

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### Athlete Rights and Responsibilities Contents:

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### Athlete Rights

Athletes have the right to:

- > nominate a representative of their choice to accompany them to the Doping Control Station
- > request information regarding the sample collection procedure
- > request a delay in reporting to the Doping Control Station, or leave the Doping Control Station once they have reported; with the consent of a Doping Control Official, while at all times in full view of the chaperone for valid reasons including to:
  - o attend a victory ceremony;
  - o compete in further events;
  - o finish a training session;
  - o receive necessary medical attention;
  - o fulfill media commitments;
  - o warm down; or to
  - o undertake other activities considered reasonable and approved by the Doping Control Officer.
- > request modifications to standard sample collection procedures – this will be recorded on the Doping Control Test Form and only applies to athletes with a disability.
- > request an interpreter.
- > ASADA advises athletes who have a concern with the sample collection process to record their concerns on the Doping Control Test Form and notify their relevant sporting organisation in writing as soon as practicable after completion of the sample collection.

### 2. Athlete Responsibilities

Athletes have the responsibility to ensure:

- > they report to the doping control station as soon as possible and within 60 minutes of notification for a No Advance Notice test;
- > they are aware of, and comply with, their sport's anti-doping policy (including the provision of accurate whereabouts information);
- > they are available for and comply with sample collection procedures\*;
- > they remain in sight of the chaperone at all times until the sample collection is complete;
- > they control the sample until it is sealed in the sample collection equipment;
- > the sealed sample collection kit is secure and identified;
- > all appropriate documentation is accurate, complete and signed;
- > they take responsibility for what they ingest and use;
- > they inform medical personnel they are subject to doping control and of their obligation not to use Prohibited Substances and Prohibited Methods; and
- > any medical treatment does not violate anti-doping rules.

\*sanctions may be applied if an athlete does not comply with a request to provide a sample or otherwise interferes with the doping control process.



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### A POLICY OF STRICT LIABILITY APPLIES IN SPORT.

Athletes should ensure  
that any substance  
they are using is  
permitted in sport.

**IT'S YOUR BODY,  
IT'S YOUR  
RESPONSIBILITY.**

### 3. Support Person Responsibilities

Support Persons are responsible for:

- > being knowledgeable of and complying with all anti-doping policies and rules applicable to them or the athletes whom they support;
- > supporting and assisting Anti-Doping Organisations to conduct Doping Control; and
- > using their influence on athlete's values and behaviour to foster anti-doping attitudes.

### 4. Retirement

- > Athletes must follow the retirement procedures set out in their National Sporting Organisation's (NSO) Anti-Doping Policy.
- > Athletes included on ASADA's Registered Testing Pool or Domestic Testing Pool, must notify their NSO in writing and complete the ASDADA Retirement Notification form if they wish to retire from competition in their sport. It is the responsibility of the NSO to forward the athletes retirement letter to ASADA.
- > Athletes must advise ASADA and their NSO immediately of their decision to retire. Doing so ensures it is no longer compulsory to comply with certain anti-doping requirements. These requirements may include doping control and providing whereabouts information.
- > An athlete notified for doping control, claiming to have retired, will be required to complete the sample collection process if ASADA has not received the written notification of retirement from the relevant NSO.
- > Failure to comply with the request to provide a sample could result in an Anti-Doping Rule Violation.
- > Any athlete in an International Federation Registered Testing Pool will also be subject to that federation's retirement requirements.
- > **IMPORTANT:** A retired athlete wanting to be reinstated into their sport must follow their NSO's reinstatement procedures.
- > **NOTE:** Most sports require a minimum of six months between retirement date and application for reinstatement.

*Remember: if you have a sanction against you and retire, the clock stops running on your period of sanction until you are reinstated.*

### 5. Reinstatement

- > Athletes must follow the retirement procedures set out in their NSO's Anti-Doping Policy.
- > Each NSO reinstatement procedure specifies a timeframe from the reinstatement date until an athlete is able to compete in an NSO sanctioned event.
- > During this time, the athlete must be available for out-of-competition sample collection in accordance with the NSO Anti-Doping Policy.
- > Any athlete in an International Federation Registered Testing Pool will also be subject to that federation's reinstatement requirements.