



# SENIOR SINGLES TEST

**Candidate:** \_\_\_\_\_

**Venue:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Number of Judges Required:** Two (2)

**Requirements:** A program consisting of 8 (eight) required elements. The sequence of the elements is optional. The skater is to perform the elements for a Senior Short Program as listed in Rule 510 of the ISU regulations.

The duration of the program is as defined in Rule 501 of the ISU regulations.

Element	Comments	Repeats	GOE
<b>Axel Jump</b> , <u>as prescribed in ISU group</u>			
<b>Solo Jump</b> , <u>as prescribed in ISU group</u> immediately preceded by connecting steps and/or other comparable free skating movements			
<b>Jump combination</b> <u>as prescribed in ISU group</u>			
<b>Flying Spin</b> , <u>as prescribed in ISU group</u> no change foot, no change position, min 8 revs)			
<b>Ladies:</b> <b>Layback or Sideways Leaning Spin</b> (no flying entry, min 8 revs) <b>Men:</b> <b>Spin in one position</b> , <u>as prescribed in ISU group</u> (no flying entry, min 6 revs on each foot)			
<b>Spin combination</b> <u>as prescribed in ISU group</u> only 1 change of foot and at least 2 change of position (all 3 positions, no flying entry, min 6 revs on each foot)			
<b>Ladies: Spiral sequence</b> (min 3 spiral positions, 1 change of foot, at least 1 spiral held for 3 seconds) <b>Men: Step sequence</b> (straight line, circular or serpentine)			
<b>Ladies: Step sequence</b> (straight line, circular or serpentine) <b>Men: Step sequence of a different nature</b> (straight line, circular or serpentine)			

The jump combination may consist of the same or another double or triple jump. However, the jumps included must be different from the solo jump.

**Repeat:** A maximum of two elements may be repeated twice without music at the Judges' discretion.

**Pass Mark:** The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. The **program components** must be of a **fair standard** throughout the program.

A Pass cannot be awarded if more than one element has a GOE of -3 or more than two elements have a GOE of -2.

**Test Result**                      **Pass**     **Fail**

Judges Name: (please print) \_\_\_\_\_ State: \_\_\_\_\_

Judges Signature \_\_\_\_\_

Probationary Judge Assessment:                      Poor                      Fair                      Good                      Very Good                      Excellent

(Please tick appropriate box)                                                                                                             

Test Referees Signature: \_\_\_\_\_