

SECTION 10

SYNCHRONIZED SKATING

Where no specific regulation exists in this section, the appropriate regulations from other sections of these regulations apply.

A. GENERAL

Rule 1001

DEFINITION

Synchronized Skating consists of:

1. Short program
See ISU Rule 701.1 (a)
2. Free skating program
See ISU Rule 701.1 (b)

Rule 1002

CLOTHING

1. General
See ISU Rule 902.2(a-e)
2. Penalties
See ISU Rule 902.2 (f)

Rule 1003

DURATION OF SKATING

See ISU Rule 904

1. Short program
See ISU Rule 904.1
2. Free skating
Senior Teams, see ISU Rule 904.2(a) and (c)
Junior Teams, see ISU Rule 904.2(b) and (c)
Novice and Adult Teams, 3 minutes and 30 seconds plus/minus 10 seconds

Rule 1004

CHANGING TEAMS

1. Change of Team Form
Any skater wishing to change teams, either temporarily or permanently, must complete the ISA Change of Team Form for signature by all the indicated parties.

2. Residency

Any skater changing teams permanently must comply with the residency and membership requirements of the relevant State association.

Rules 1005 - 1024 (Reserved) B. STANDARDS OF SKATING AND JUDGING**Rule 1025****SHORT PROGRAM FOR SYNCHRONIZED SKATING (JUNIOR AND SENIOR)**

See ISU Rule 905

Rule 1026**MARKING OF SYNCHRONIZED SKATING SHORT PROGRAM (JUNIOR AND SENIOR)**

See ISU Rule 906

Rule 1027**SYNCHRONIZED SKATING FREE PROGRAM**

See ISU Rule 911

ADULT FREESKATING

A well-balanced Adult program must contain the following six (6) elements:

- a) One (1) Block Element
- b) One (1) Circle Element
- c) One (1) Line Element
- d) One (1) Wheel Element
- e) One (1) Intersection Element
- f) One (1) element to be chosen from Circle, Line, Block, Wheel, Intersection, Moves in the Field or Movements in Isolation.

Additional remarks for Adult Free Skating

- 1) Footwork must be simple but should be of good quality with a minimum of two-footed skating.
- 2) There must be at least two (2) different holds demonstrated.
- 3) No lifts of any variety are allowed.
- 4) Jumps of not more than one half ($\frac{1}{2}$) of a revolution are permitted.
- 5) Both forward and backward skating must be demonstrated.

NOVICE FREE SKATING PROGRAM

For Technical Requirements, refer to ISU Communication 1528 or any subsequent update of this Communication.

OTHER REMARKS FOR ADULT AND NOVICE

Other elements may be incorporated into the Free Skating program and will be judged as transitions and/or choreography components. The program content sheet should indicate which extra elements are transition elements.

Definitions/criteria of recommended elements and features are in accordance with Rules 903 and 911.

Difficulty levels for Elements and Features are in accordance with the valid (corresponding) ISU Communication.

The illegal elements are following the restrictions in Junior Free Skating, Rule 912 para 10 b) and other deductions are in accordance to Rule 912 para 9.

Rule 1028**MARKING OF SYNCHRONIZED SKATING FREE SKATING**

See ISU Rule 912

Rules 1029 - 1030 (Reserved)**Rule 1031****MUSIC**

1. General
See ISU Rule 905.1(e) & 911.1(p)
2. Additional remarks for Novice and Adult
Music shall be related to the age and ability of the skaters.

Rules 1032 - 1037 (Reserved)**C. CHAMPIONSHIPS AND COMPETITIONS**

The general rules in Section 5 (Championships) also apply to Synchronized Skating.

Rule 1038**AUSTRALIAN CHAMPIONSHIPS**

1. The Australian Championships consist of four divisions:
 - a) Adult
 - b) Novice
 - c) Junior
 - d) Senior
2. The provisions of ISU Rule 109.2d) are applicable to the inclusion of skaters from foreign ISU Members to compete in Australian Synchronized Teams at an Australian Championship, viz up to 25% of a team may be from a foreign Member if so permitted by the country of which the skater is a citizen.

In the event that any calculation results in a fraction of less than one whole team member, the result will be rounded up in the event that the fraction is 0.5 or more, and rounded down when the fraction is less than 0.5.

Rule 1039

INTERNATIONAL NOMINATIONS

1. Nominations for ISU Events

Recommendations to the ISA Board for nominations to World Championships, World Challenge Cup for Juniors and other ISU competitions will be made by a panel of International and/or National Senior Synchronized Skating Judges in consultation with the ISA Operational Directors for Synchronized Skating and High Performance.

2. Team Composition

Any team seeking nomination for World Championships, World Challenge Cup for Juniors and other ISU competitions must skate in their programs the number of eligible skaters as prescribed by ISU Rule 701.3, at the preceding Australian Championships.

At least 75% of the members of any team nominated for World Championships, World Challenge Cup for Juniors or ISU Competitions must have been entered for the same team at the preceding Australian Championships and have been present at those Championships.

In the event that any calculation results in a fraction of less than one whole team member, the result will be rounded up in the event that the fraction is 0.5 or more, and rounded down when the fraction is less than 0.5.

3. Team Replacements

Replacement team members may be selected in accordance with Rule 1039.2 and must meet the applicable age and eligibility requirements for Junior and Senior events.

Rule 1040

ADULT SYNCHRONIZED SKATING CHAMPIONSHIP OF AUSTRALIA

Participation in an Adult Synchronized Skating Championship of Australia shall be open to members of a State Association in a team:

1. All of whose members have attained the age of 15 years by July 1 preceding the competition and 75% of whose members have attained the age of 19 years by July 1 preceding the competition
2. No member may compete at a higher level (i.e. Senior or Junior) in the same Championships.
3. In the event that any calculation results in a fraction of less than one whole team member, the result will be rounded up in the event that the fraction is 0.5 or more, and rounded down when the fraction is less than 0.5.

Rule 1041

An Adult Synchronized Skating Championship of Australia team must consist of at least nine (9) but not more than sixteen (16) persons and may include both ladies and men.

Rule 1042

The Adult Synchronized Skating Championship of Australia shall consist of a Free Skating Program only.

Rule 1043**NOVICE SYNCHRONIZED SKATING CHAMPIONSHIP OF AUSTRALIA**

Participation in a Novice Synchronized Skating Championship of Australia shall be open to members of a State Association in a team:

1. No more than 50% of the members of which have competed at a higher level either State, National or elsewhere.
2. No member of the team shall have attained the age of 15 by July 1 preceding the competition.
3. At least 75% of the team must have passed the ISA Preliminary Skating Test or its equivalent ([ISA Rule 516.3](#)).
4. In the event that any calculation results in a fraction of less than one whole team member, the result will be rounded up in the event that the fraction is 0.5 or more, and rounded down when the fraction is less than 0.5.

Rule 1044

A Novice Synchronized Skating Championship of Australia team must consist of at least twelve (12) but not more than sixteen (16) persons and may include both ladies and men.

Rule 1045

The Novice Synchronized Skating Championship of Australia shall consist of a Free Skating Program only.

Rule 1046**JUNIOR SYNCHRONIZED SKATING CHAMPIONSHIP OF AUSTRALIA**

Participation in a Junior Synchronized Skating Championship of Australia shall be open to members of a State Association in a Team:

1. All members of the Team must have passed the ISA Preliminary Skating Test or its equivalent ([ISA Rule 516.3](#)) and 75% must have passed Elementary 1 Pattern or Elementary 1 Dance;
AND
 - a) All members of the Team have not reached the age of nineteen as of July 1st preceding the competition (ISU Rule 108.3(b))OR
 - b) No more than 50% of the members of the Team have competed at a higher level either State, National or elsewhere,
AND
 - c) No more than 75% of the members of the Team have won a previous Junior and/or Senior Synchronized Skating Championship.
2. In the event that any calculation results in a fraction of less than one whole team member, the result will be rounded up in the event that the fraction is 0.5 or more, and rounded down when the fraction is less than 0.5.

Rule 1047**TEAM COMPOSITION**

A Junior Synchronized Skating Championship of Australia team must consist of at least twelve(12) but not more than sixteen (16) persons and may include both ladies and men.

Rule 1048

The Junior Synchronized Skating Championship of Australia shall be in two parts:

1. A short program
2. A free skating program.

Rule 1049**SENIOR SYNCHRONIZED SKATING CHAMPIONSHIP OF AUSTRALIA**

Participation in a Senior Synchronized Skating Championship of Australia shall be open to members of a State Association in a team.

1. All members of a Senior National Championship team must have passed the ISA Elementary 2 Pattern Test or the Elementary 2 Dance,

Rule 1050**TEAM COMPOSITION**

A Senior Synchronized Skating Championship of Australia team must consist of at least twelve (12) but not more than sixteen (16) persons and may include both ladies and men.

Rule 1051

The Senior Synchronized Skating Championship of Australia shall be in two parts:

1. A short program
2. A free skating program.

Rule 1052**AFFILIATION**

Members of any one Synchronized Skating Team must all be members of the same State Association.

Rule 1053**CALL TO START**

See ISU Rule 935

Rule 1054**WARM-UPS**

1. Short program & Free skating
See ISU Rule 934.1
2. Interruption in the competition
See ISU Rule 934.2

Rule 1055**TEAM/COACH COMMUNICATION**

See ISU Rule 702.1

Rule 1056**STARTING ORDER**

See ISU Rules 925, 932 and 933

Rule 1057**CALCULATION OF RESULTS**

See ISU Rule 738

Rule 1058**COMPETITION ORGANISATION**

1. Length and order of events
See ISU Rule 921-922
2. Ice condition monitoring
See ISU Rule 719.6
3. Judges' seating
See ISU Rule 719.7
4. Gates
Competition organisers must provide separate entry and exit gates to the ice surface.
5. Maps
Competition organisers must provide a rink map showing the entry and exit gates and the location of the judges' seating with the Championship announcement.

Rule 1059**ALTERNATES**

1. Substitutions
See ISU Rules 936.1(c) and 936.4
2. Numbers
See ISU Rule 701.3(e)
Up to four team members may exit the ice as alternates after the warm up.
3. Awards
Alternates who have paid an individual entry fee and are confirmed at the draw are entitled to the same privileges and awards as the team members who compete.

Rule 1060**MINIMUM TEAM SIZE**

1. Definition

Minimum team size must be met for the opening draw of the competition. A team not meeting this requirement will be declared withdrawn.

2. Exhibition

A team declared withdrawn may skate an exhibition with the agreement of the Championship Organising Committee.

Rule 1061-1069 (Reserved)