



## **Changes to Pair Tests and Competition Requirements**

At the April 2010 Ice Skating Australia Annual General Meeting, the following changes to Pair Tests and Competition Requirements were passed.

### **THE FOLLOWING CHANGES ARE EFFECTIVE IMMEDIATELY**

#### **PRE-PRIMARY PAIR**

##### **COMPETITION REQUIREMENTS**

A well-balanced Pre-Primary Pair Free Skating program must contain:

- One lift selected from Group 1 or a waist loop lift from Group 2;
- One throw jump (optional) single only;
- One solo jump (single);
- One jump combination or sequence (optional) single jumps only;
- One solo jump (minimum 4 revs, may not commence with a flying entry);
- One pair spin with no change of foot or change of position (min 4 revs)
- One death spiral or pivot spiral;
- One step sequence fully utilising the ice surface.

##### ***Lifts***

Variations of the lady's position, no-handed and one-handed lifts, and combination lifts, lifts that include a carry and turns in both directions **ARE NOT** permitted. All lifts must have a minimum of one revolution of the lady, and a minimum of one and a maximum of 3½ revolutions by the man.

##### ***Jump Combination or Sequence***

The maximum number of jumps in the jump combination is two. The number of jumps in the jump sequence is free.

##### ***Death Spiral or Pivot Spiral***

The death spiral and pivot spiral are to be executed with the regular one-hand to one-hand hold position. The pivot spiral is not eligible for features. In the final position while the lady is performing the actual death spiral or pivot spiral, both the man and the lady must execute a minimum of ½ revolution with the man in the pivot position.

##### ***Eligibility***

Participants must be financial members of a State association, both of whom have at the closing date of entries:

1. Passed the ISA Preliminary Level Singles Test or its equivalent
2. Only one partner may have competed in a Primary or higher Pair Championship event (State, Australian or other).

## **PRIMARY PAIR**

### **COMPETITION REQUIREMENTS**

The **Primary Pair Short Program** will be **REMOVED** from all Competitions and Championships; the only program to be skated will be a Free Skate Program.

A well-balanced Primary Pair Free Skating program must contain:

- Maximum of two lifts. Both lifts may be selected from Group 1 OR one lift may be a waist loop lift from Group 2 and the other may be selected from Group 1;
- One throw jump (single only);
- One solo jump (single or double);
- One jump combination or sequence (single or double jumps);
- One solo spin or spin combination (may commence with a jump, may change feet or change position) min 5 revs in total;
- One pair spin (no change of foot) min 3 revs in total;
- One death spiral or pivot spiral;
- One step sequence fully utilising the ice surface.

#### ***Lifts***

Variations of the lady's position, no-handed and one-handed lifts, and combination lifts, lifts that include a carry and turns in both directions **ARE NOT** permitted. All lifts must have a minimum of one revolution of the lady, and a minimum of one and a maximum of 3½ revolutions by the man.

#### ***Jump Combination or Sequence***

The maximum number of jumps in the jump combination is two. The number of jumps in the jump sequence is free.

#### ***Death Spiral or Pivot Spiral***

The death spiral and pivot spiral are to be executed with the regular one-hand to one-hand hold position. The pivot spiral is not eligible for features. In the final position while the lady is performing the actual death spiral or pivot spiral, both the man and the lady must execute a minimum of ½ revolution with the man in the pivot position.

## **NOVICE PAIR**

### **TEST REQUIREMENTS – Novice Pair Test**

Prior to attempting the Novice Pair Test, both candidates must have passed the **Preliminary Level** Singles Test.

The Novice Pair Test program consists of eight (8) required elements. The sequence of the elements is optional:

1. One lift selected from Groups 1 – 5, type optional. Minimum of one rotation by male partner;
2. One Twist lift (single or double);
3. One Throw Jump (single or double);
4. One solo double jump;
5. One solo spin with one change of foot and at least one change of position (may commence with a jump) min 5 revs on each foot;
6. One pair spin (no change of foot, optional change of position) min 5 revs in total;
7. One death spiral;
8. One step sequence fully utilising the ice surface.

## **NOVICE PAIR**

### **COMPETITION REQUIREMENTS – SHORT PROGRAM**

The Novice Pair Short Program must contain:

- One lift selected from Groups 1 – 5, type optional. Minimum of one rotation by male partner;
- One Twist lift (single or double);
- One Throw jump (single or double);
- One solo double jump;
- One solo spin with one change of foot and at least one change of position (may commence with a jump) min 5 revs on each foot;
- One pair spin (no change of foot, optional change of position) min 5 revs in total;
- One death spiral;
- One step sequence fully utilising the ice surface.

#### ***Lifts***

Type of lift is optional. One lift selected from Groups 1 – 5. One handed-variations, changes of hold or of the lady's position during the lift ARE permitted. The lift must have a minimum of two revolutions of the lady and a minimum of one and a maximum of 3½ revolutions by the man. The lift MAY NOT include a carry. Refer to ISU Rule 513, paragraph 5 for definitions of lifts.

#### ***Twist Lift***

The number of revolutions of the lady rotating freely in the air is one or two. The lady must be caught in the air at the waist by the man prior to the landing and be assisted to a smooth landing on the ice on a backward outside edge on one foot. The man also exists the lift on one foot. In the twist lift, a split position by the lady in the air prior to rotating is not mandatory, but will be one of the features that might increase the level of difficulty of this element.

### ***Throw Jump***

Any single or double throw jump is permitted. Throw jumps are partner-assisted jumps in which the lady is thrown into the air by the man on the take-off and lands without assistance from her partner on a backward outside edge.

### ***Solo Jump***

Any double throw jump is permitted.

### ***Solo Spin***

Any type of solo spin is permitted. When the spin is commenced with a jump, no previous rotation on the ice before the take-off is permitted and the chosen position must be attained in the air. The spin must be a minimum of 5 revolutions on each foot. The change of foot may be executed in the form of a step over or a jump.

### ***Pair Spin***

There must be no change of foot in the pair spin. A change of position is optional. The spin must be a minimum of 5 revolutions in total. The rotation must be continuous and no stop is permitted. The pair spin must not commence with a jump.

### ***Death Spiral***

Refer to ISU Rule 513, Paragraph 5 Remarks, Pair Skating, Death Spiral.

### ***Step Sequence***

Refer to ISU Rule 513, Paragraph 5 Remarks, Pair Skating, Step and Spiral sequences.

## **NOVICE PAIR**

### **COMPETITION REQUIREMENTS – FREE SKATING**

A well-balanced Free Skating program must contain:

- Maximum of two lifts from different groups, one of which must be from Group 3 or 4;
- One Twist lift (single or double);
- Maximum of 2 different Throw Jumps (single or double);
- One solo jump;
- One jump combination or sequence;
- One pair spin or pair spin combination (min 5 revs in total);
- One solo spin or solo spin combination (may commence with a jump, may change feet) min 5 revs in total;
- One death spiral;
- One sequence of spirals.

### ***Lifts***

Variations of the lady's position, no-handed and one-handed lifts and combination lifts are permitted. Lifts may NOT include a carry. All lifts must have a minimum of two revolutions of the lady and a minimum of one and a maximum of 3½ revolutions by the man. Refer to ISU Rule 513, paragraph 5 for definitions of lifts.

### ***Jump Combination or Sequence***

The maximum number of jumps in the jump combination is two. The number of jumps in the jump sequence is free.

## **THE FOLLOWING CHANGES ARE EFFECTIVE 1<sup>st</sup> January 2011**

A Primary Pair Test will be introduced, which both skaters will have to pass BEFORE competing in Primary Pair Competitions, and will be a pre-requisite for candidates for the Novice Pair Test.

### **PRIMARY PAIR**

#### **TEST REQUIREMENTS – Primary Pair Test**

Prior to attempting the Primary Pair Test, both candidates must have passed the **Preliminary Level** Singles Test.

The Primary Pair Test program consists of a program of 2 minutes duration (+/- 10 seconds) to music of the skater's own choice (vocal music with lyrics is not permitted). The following elements must be included:

1. Any Group 1 or waist loop lift from Group 2;
2. One Throw Jump (single);
3. One Solo double jump (any single or double jump);
4. One Solo spin (min 5 revs, may commence with a jump, may not change position or change feet);
5. One Pair spin (min 3 revs, may not commence with a jump, may not change feet or change position);
6. One Death spiral or Pivot Spiral;
7. One Step sequence fully utilising the ice surface.

### **NOVICE PAIR**

#### **TEST REQUIREMENTS – Novice Pair Test**

Prior to attempting the Novice Pair Test, both candidates must have passed the **Primary Pair Test**.

All affected test papers whose requirements were effective immediately will be updated and circulated by the 1<sup>st</sup> June 2010, prior to the new test papers being available, judges undertaking tests of skaters in these categories should use the updated wording.

**Authorised by:** Lisa Jelinek, Operational Director Technical Regulations

**Authorisation date:** 3<sup>rd</sup> May 2010