



## **Changes to Novice Singles Test**

The following changes to Novice Singles Ladies and Men test were passed at the 2011 ISA AGM; these changes are effective 1<sup>st</sup> January 2012.

Duration of Short Program: 2:30 mins +/- 10 secs.

### **Short Program**

A well balanced ISU Advanced Novice Short Program must contain:

- a) Single or Double Axel
- b) Double or Triple Jump immediately proceeded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Men: Camel or Sit Spin (min 6 revs) with change of foot and no flying entrance  
Ladies: Layback or sideways leaning spin (min 6 revs)
- e) Spin Combination with only one change of foot and at least one change of position (min 5 revs on each foot)
- f) One step sequence with full utilisation of the ice surface (straight line, serpentine/circular)

Program Components to be evaluated are: Skating Skills, Transitions, Performance/Execution and Interpretation only.

**Authorised by:** Lisa Jelinek, Operational Director Technical Regulations  
**Authorisation date:** 1<sup>st</sup> January 2012