



## **Changes to Novice Singles Competition Requirements**

The following changes to Novice Singles Ladies and Men competition requirements were passed at the 2011 ISA AGM; these changes are effective 1<sup>st</sup> January 2012.

Novice Singles will now perform the elements as listed for ISU Advanced Novice Competitions.

Segments to be skated in Novice Singles competitions are: Short Program and Free Skate

Duration of Short Program: 2.30 mins +/- 10 secs

Duration of Free Skate:

Ladies: 3:00 mins +/- 10 secs

Men: 3.30 mins +/- 10 secs

### **Short Program**

A well balanced ISU Advanced Novice Short Program must contain:

- a) Single or Double Axel
- b) Double or Triple Jump immediately proceeded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Men: Camel or Sit Spin (min 6 revs) with change of foot and no flying entrance  
Ladies: Layback or sideways leaning spin (min 6 revs)
- e) Spin Combination with only one change of foot and at least one change of position (min 5 revs on each foot)
- f) One step sequence with full utilisation of the ice surface (straight line, serpentine/circular)

### **Free Skate**

A well balanced ISU Advanced Novice Free Skate program must contain:

- a) Ladies – Maximum of 6 jump elements, one of which must be an Axel type jump  
Men – Maximum of 7 jump elements, one of which must be an Axel type jump

There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps.

Only two(2) jumps with two and half (2½) revs or more can be repeated either in jump combination or jump sequence.

- b) There must be a maximum of two (2) spins of a different nature (abbreviation)
  - One of which must be a spin combination (min 10 revs in total)
  - One Flying Spin or spin with a flying entrance (min 6 revs)
- c) There must be a maximum of one step sequence

### **Levels explanations**

For Advanced Novice Singles, in all elements which are subject to Levels, only features up to **Level 3** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The **Program Components** are only judged in:

Skating Skills

Transitions

Performance / Execution

Interpretation

The factors for the Program Components is

Short Program

Men: 1.0

Ladies: 1.0

Short Program

Men: 1.7

Ladies: 1.5

**Authorised by:**

Lisa Jelinek, Operational Director Technical Regulations

**Authorisation date:**

1<sup>st</sup> January 2012