



AUSTRALIA TECHNICAL PATTERN SKILLS Test Structure

PRELIMINARY:

- Current ISA RULEBOOK - Section 4 - Rule 409 (Preliminary Level only)

ELEMENTARY:

- ALTERNATING FORWARD AND BACKWARD THREE TURNS (INSIDE & OUTSIDE EDGES)
- FORWARD AND BACKWARD PERIMETER POWER STROKING
- ALTERNATING BACKWARD CROSSOVERS TO BACKWARD OUTSIDE EDGES
- FORWARD AND BACKWARD CROSS STROKES

PRE-PRIMARY:

- FORWARD AND BACKWARD POWER CHANGE OF EDGE PULLS
- FORWARD DOUBLE THREE-TURNS (OUTSIDE & INSIDE)
- BACKWARD DOUBLE THREE-TURNS (OUTSIDE & INSIDE)
- STROKING: FORWARD POWER CIRCLE (CW & CCW)

PRIMARY:

- STROKING: BACKWARD POWER CIRCLE (CW & CCW)
- EIGHT STEP MOHAWK (CW & CCW)
- BRACKETS (FO/BI/FI/BO)
- ROTATIONAL CHOCTAW DRILL

NOVICE:

- FORWARD AND BACKWARD OUTSIDE COUNTERS
- FORWARD AND BACKWARD INSIDE COUNTERS
- BACKWARD ROCKER CHOCTAW SEQUENCE
- FORWARD LOOP PATTERN WITH TWIZZLE

JUNIOR:

- FORWARD AND BACKWARD OUTSIDE ROCKERS
- FORWARD AND BACKWARD INSIDE ROCKERS
- BRACKET/ BACK LOOP PATTERN
- BACKWARD TWIZZLES
- SPIRAL SEQUENCE (RIGHT & LEFT)

SENIOR:

- BACKWARD OUTSIDE POWER DOUBLE THREE-TURNS TO POWER DBL INSIDE ROCKER
- BACKWARD INSIDE POWER DOUBLE THREE-TURNS TO POWER DBL OUTSIDE ROCKER
- SUSTAINED EDGE STEP (RIGHT & LEFT)
- SERPENTINE STEP SEQUENCE (A & B)
- CHOCTAW, TWIZZLE AND ROCKER SEQUENCE

Ice Skating Australia would like to thank U.S. Figure Skating for granting permission to use the U.S. Figure Skating Moves in the Field patterns as the basis for the development of the Technical Pattern Skills Tests in Australia.