



ELEMENTARY TEST

Candidate: _____

Venue: _____

Date: _____

Number of Judges Required: Two (2), or One (1) National Senior Championship Judge

Technical Section Requirements: A free skating program of 1½ minutes duration (+/- 10 seconds) to music of the skater's own choice (vocal music with lyrics not permitted), comprising the following elements (skated in any order), additional elements may not be executed.

Element	Comments	Repeats	GOE
Single Flip Jump			
Single Lutz Jump			
Three Jump + Single Loop Jump Combo			
Upright spin with one change of foot (min 3 revs on each foot)			
Sit spin (min 4 revs)			
Camel spin (min 4 revs)			
RFO Spiral (executed without any assistance)			
LFO Spiral (executed without any assistance)			
Straight line step sequence covering at least half the ice surface including three turns and mohawks on both feet.			

Jumps: No jump is to receive the equivalent of a downgrade from the intended number of revolutions.

Repeat: A maximum of two elements may be repeated twice without music at the Judges' discretion.

Pass Mark: The assessment will take into consideration the Grade of Execution of the elements and the program components in determining a Pass or Fail. A Pass cannot be awarded if any element has a GOE of -3. The technical section of the test is evaluated as a whole as either a Pass or a Fail.

Technical Section Result Pass Fail

Pattern Section Requirements: A set of four figure patterns, comprising a series of continuing circles of approximately one-half the height of the candidate, incorporating FO, FI, BO and BI edges; forward and backward crossovers; forward and backward changes of edge; forward and backward three turns, mohawks. Each pattern includes a full circle on the specified edge and one or more cross-overs may be utilised to assist with maintaining speed and flow around the full circle. Cross-overs may be utilised to gain speed for the start of the first pattern.

Repeat: In the case of a fall in any one of the patterns, that pattern may be repeated at the Judges' discretion.

Pass Mark: Each element is evaluated independently as a Pass or Fail. All elements must Pass for the test to Pass overall.

Element	Pass	Fail
Pattern 1 (LFO and RFO Exercises)	<input type="checkbox"/>	<input type="checkbox"/>
Pattern 2 (RFI and LFI Exercises)	<input type="checkbox"/>	<input type="checkbox"/>
Pattern 3 (RBO and LBO Exercises)	<input type="checkbox"/>	<input type="checkbox"/>
Pattern 4 (RBI and LBI Exercises)	<input type="checkbox"/>	<input type="checkbox"/>
Pattern Section Result	<input type="checkbox"/>	<input type="checkbox"/>

Judges Name: (please print) _____ State: _____

Judges Signature _____

Probationary Judge Assessment: Poor Fair Good Very Good Excellent

(Please tick appropriate box)

Test Referees Signature: _____