

INTERNATIONAL SKATING UNION

Communication No. 1886

SINGLE & PAIR SKATING, ICE DANCE and SYNCHRONIZED SKATING

GUIDELINES FOR INTERNATIONAL NOVICE COMPETITIONS (Replaces ISU Communications 1760)

A. General

1. Entries

Entries to the competitions are made by the Members (for International Competitions) or Sections/Clubs (for Interclub Competitions), which must be a member of the Member, based on the age and the level of the skaters.

2. Age requirements (Rule 108, paragraphs 3.c) and 4.c): in International Novice Competitions, a Novice is a Skater (or Synchronized Skating Novice Team) who has met the following requirements before July 1st preceding the event (the specific date: before July 1st, applies to all indicated dates):

- has reached at least the age of ten (10)
- has not reached the age of fifteen (15) for Single Skating and Synchronized Skating
- has not reached the age of fifteen (15) for Girls and seventeen (17) for Boys in Pair Skating and Ice Dance

Two subgroups offering a different technical package are established:

- **Basic Novices**
- **Advanced Novices**

Furthermore, in Single Skating, two subgroups by age are established for the Basic Novices:

Basic Novice A

- a) has reached at least the age of ten (10)
- b) has not reached the age of thirteen (13) for Girls and Boys

Basic Novice B

- a) has reached at least the age of thirteen (13)
- b) has not reached the age of fifteen (15) for Girls and Boys

No subgroups by age are established for Basic Novices in Pair Skating, Ice Dance and Synchronized Skating. Synchronized Skating is using the subgroups for Basic Novices to clarify the number of Skaters per Team.

No subgroups by age are established for Advanced Novices in all disciplines.

3. Officials:

- a) ISU Rules 420 and 910 on the composition of panel of Officials apply, except for the international qualification of the Officials. In each event there should be at least one (1) Judge and one (1) member of the Technical Panel (Technical Controller and Technical Specialists) acting with an international qualification.
- b) The same ISU Rules regarding judging, refereeing and the work of the Technical Panel apply as in Junior and Senior International Competitions.
- c) Rules 433 and 923, paragraphs 1 and 2 regarding the Report of the Referee and the Report of the Technical Controller apply, i.e. reports are requested for Advanced Novice competitions only.

B. SINGLE & PAIR SKATING

1. General Requirements for Novice competitions Single and Pair Skating

Segments of events to be skated in Novice Single and Pair Skating competitions:

- a) Single Skating events shall consist of
 - * younger subgroup (Group A) Basic Novice Free Skating only
 - * older subgroup (Group B) Basic Novice Free Skating only
 - * Advanced Novices Short Program and Free Skating
- b) Pair Skating events shall consist of
 - * Basic Novice (one group) Free Skating only
 - * Advanced Novices Short Program and Free Skating
- c) Duration of the Programs:

Single Skating

Basic Novice subgroup A	Free Skating 2:30 min, +/- 10 sec.
Basic Novice subgroup B	Free Skating 3:00 min, +/- 10 sec.
Advanced Novice	Short Program max. 2:30
	Free Skating 3:00 min, +/- 10 sec. for girls
	Free Skating 3:30 min, +/- 10 sec. for boys

Pair Skating

Basic Novice	Free Skating 3:00 min, +/- 10 sec.
Advanced Novice	Short Program max. 2:30
	Free Skating 3:30 min, +/- 10 sec.

d) Various

Vocal music is allowed for all Novice Divisions Singles and Pair Skating.

There will be no Bonus for difficult elements performed in the second half of the Short and Free Programs for all Novice Divisions Singles and Pair Skating.

2. Technical Requirements for Novice competitions Single Skating

2.1 Single Skating Basic Novice A - Girls and Boys (younger subgroup)

A well balanced Free Skating program for Singles A must contain:

- a) Maximum of 4 jump elements for Girls and Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.
Triple jumps are not permitted. Any single and double jump (including Double Axel) cannot be executed more than twice in total.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed.
- c) There must be one (1) step sequence with fully utilizing the ice surface.

The Program Components are only judged in

- Skating Skills
- Performance/Execution

The Factor of the Program Components is 2.5.

Levels explanations:

For Basic Novice A Singles, in all elements that are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

2.2. Single Skating Basic Novice B - Girls and Boys (older subgroup)

A well balanced Free Skating program for Singles B boys and girls must contain:

- a) Maximum of 5 jump elements for Girls and 6 jump elements for Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.

Only two (2) jumps with two and a half (2 1/2) or more revolutions can be repeated either in a jump combination or in a jump sequence. Any single and double jump (including Double Axel) cannot be executed more than twice in total.

- b) There must be a maximum of two (2) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total) and one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions in total).
- c) There must be one (1) step sequence fully utilizing the ice surface.

The Program Components are only judged in

- Skating Skills
- Performance/Execution
- Interpretation

The Factor of the Program Components is

- for boys 2.0
- for girls 1.7

Levels explanations:

For Basic Novice B Singles, in all elements that are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

2.3 Single Skating Advanced Novice - Girls and Boys

Boys

The **Short Program for Boys' Singles** shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Camel or sit spin (minimum of six (6) revolutions) with change of foot and no flying entrance.
- e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed.
- f) One step sequence fully utilizing the ice surface.

Girls

The **Short Program for Girls' Singles** shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Layback or sideways leaning spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed.
- f) One step sequence fully utilizing the ice surface.

Jumps not according to Short Program requirements (wrong number of revolutions) will receive no value.

Boys and Girls

A well balanced Free Skating program for Singles must contain:

- a) Maximum 6 jump elements for Girls and 7 jump elements for Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.
Only two (2) jumps with three (3) or more revolutions can be repeated either in a jump combination or in a jump sequence. Any single and double jump (including Double Axel) cannot be executed more than twice in total.
- b) There must be a maximum of two (2) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions) and one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions).
- c) There must be a maximum of one (1) step sequence

Levels explanations:

For Advanced Novice Singles, in all elements that are subject to Levels, only features up to **Level 3** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- Skating Skills
- Transitions
- Performance/Execution
- Interpretation

The factors for the Program Components is

- a) Short Program
 - for boys 0.9
 - for girls 0.8
- b) Free Skating
 - for boys 1.8
 - for girls 1.6

3. Technical Requirements for Novice competitions Pairs

3.1 *Pair Skating Basic Novice*

Basic Novice competitions will consist of a Free Skating program only.

A well balanced Free Skating program must contain a maximum of:

- a) Two different lifts of Group 1 to 2, one arm holds not allowed (full extension of the lifting arm of the partner is not required)
- b) One Twist lift (single)
- c) One solo jump (single or double)
- d) One solo spin, no change of foot, change of position optional, minimum five (5) revolutions or one pair spin, minimum 5 revolutions

- e) One pivot figure
- f) One step sequence fully utilizing the ice surface

Levels explanations:

For Basic Novice Pairs, in all elements that are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- Skating Skills
- Performance/Execution

The factor of the Program Components is 2.0

3.2 *Pair Skating Advanced Novice*

The **Short Program for Pairs** shall consist of the following elements:

- a) One lift of Groups 1 to 4, one arm holds not allowed
- b) One Twist lift (single or double)
- c) One solo jump (single or double)
- d) One solo spin or solo spin combination (minimum of five (5) revolutions in total)
- e) One death spiral
- f) One step sequence fully utilizing the ice surface

A well balanced Free Skating program must contain a maximum of:

- g) Two different lifts of Groups 1 to 4, one arm holds not allowed, (in group 1 and 2 full extension of the lifting arm of the partner is not required).
- h) One Twist lift (single or double)
- i) One Throw jump (single or double)
- j) One solo jump (single or double)
- k) One pair spin or pair spin combination (minimum of five (5) revolutions in total)
- l) One death spiral
- m) One step sequence fully utilizing the ice surface

Levels explanations:

For Advanced Novice Pairs, in all elements that are subject to Levels, only features up to **Level 3** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- Skating Skills
- Transitions
- Performance/Execution
- Interpretation

The Factor of the Program Components is:

- a) Short Program 0.8
- b) Free Skating 1.6

C. ICE DANCE

1. General Requirements for Novice competitions Ice Dance

Segments of events to be skated in Novice Ice Dance competitions are:

a) Ice Dance events shall consist of

Basic Novice	2 Pattern Dances and Free Dance
Advanced Novice	2 Pattern Dances and Free Dance

b) Duration of Free Dance:

Basic Novice	Free Dance 2:30 min., +/- 10 sec.
Advanced Novice	Free Dance 3:00 min., +/- 10 sec.

2. Technical Requirements for Basic Novice competitions Ice Dance

2.1 Pattern Dance

Rule 711, paragraph 1: for Novice International Competitions, the Pattern Dances will be announced annually by the Ice Dance Technical Committee in an ISU Communication not later than June 1st, to become effective on July 1st of the year following the announcement.

Two (2) Pattern Dances are to be skated:

Group 1: **#1 Fourteenstep** and **#4 European Waltz**

Group 2: **#2 Foxtrot** and **#5 American Waltz**

- Season 2014/15 and every second season: Group 2
- Season 2015/16 and every second season: Group 1

Music requirements

Rule 707, paragraph 5 provides that, in International Competitions, the current series of ISU Ice Dance music shall be used for the Pattern Dances unless the Ice Dance Technical Committee has decided that the music for one or several Pattern Dances is to be provided by the Couple following certain requirements.

For the season 2014/15, Couples shall provide their own music for the following Pattern Dance:

2 Foxtrot

The music must be chosen in accordance with the Rhythm of the Pattern Dance and may be vocal. The Tempo throughout the required Sequences must be constant and in accordance with the required Tempo of the Pattern Dance (see ISU Handbook Ice Dance 2003) plus or minus 2 beats per minute.

Notes:

- The chosen music may be a tune from ISU Ice Dance music. In this case, only tunes 1 to 5 can be chosen and the Couple shall furnish competition music in accordance with Rule 343, paragraph 1.

- Violation of the above music requirements or tempo specifications shall be penalized as per Rule 353, paragraph 1.n).
- For the application of Rule 708 paragraph 1.d) with music provided by the Couple, it is specified that the start of the first Step of the dance must be on beat 1 of a measure (unless otherwise specified in the description of the dance).

All **Components of Pattern Dances** are judged.
The factor of the Components is 0.7.

2.2 *Free Dance*

Rule 710 shall apply (including that the music may be vocal).

A Well Balanced Free Dance program must contain

- Dance Lifts:** not more than **one (1) Short Lift**
- One (1) Straight Line Step Sequence (Midline or Diagonal) in Hold or Curved Step Sequence (Circular or Serpentine) in Hold**
The restrictions listed in ISU Communication 1857 and subsequent updates of this ISU Communication apply.
- One (1) Set of Synchronized Twizzles**

The **Dance Spin** is not included in the list of Required Elements for the Basic Novice Free Dance. Nevertheless, a spinning movement skated by the couple together in any hold around common axis on one foot (or two feet) with any number of rotations is permitted. A couple may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the Judges will not consider these movements as one of the permitted stops.

Levels explanations

For Basic Novice Free Dance, in all Required Elements, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

All **Program Components** are judged.
The factor of the Program Components is 1.0

3. Technical Requirements for Advanced Novice competitions Ice Dance

3.1 *Pattern Dance*

Rule 711, paragraph 1: for Novice International Competitions, the list of Pattern Dances will be announced annually by the Ice Dance Technical Committee in an ISU Communication not later than June 1st, to become effective on July 1st of the year following the announcement.

Two (2) Pattern Dances are to be skated:

Group 1: **#4 European Waltz** and **#20 Tango**

Group 2: **#3 Rocker Foxtrot** and **#9 Starlight Waltz**

Group 3: **#12 Kilian** and **#23 Blues**

One group of two Pattern Dances shall be drawn before the first practice of the competition from the two groups announced for the season:

- Season 2014/15 and every third season: Group 1 and Group 2
- Season 2015/16 and every third season: Group 2 and Group 3
- Season 2016/17 and every third season: Group 3 and Group 1

Music requirements

Requirements for Basic Novice apply. For the season 2014/15, Couples shall provide their own music for the following Pattern Dances:

20 Tango, # 9 Starlight Waltz

All **Components of Pattern Dances** are judged.

The factor of the Components is 0.7.

3.2 Free Dance

Rule 710 shall apply (including that the music may be vocal).

A Well Balanced Free Dance program must contain

- a) Not more than
 - **two (2) different Types of Short Lifts**
- b) **One (1) Spin**, but not more
Note: A Combination Spin is not permitted.
- c) **One (1) Straight Line Step Sequence (Midline or Diagonal) in Hold or Curved Step Sequence (Circular or Serpentine) in Hold**
The restrictions listed in ISU Communication 1857 and subsequent updates of this ISU Communication apply.
- d) **One (1) Set of Synchronized Twizzles**

Levels explanations

In all Required Elements, all features up to **Level 4** will be counted.

All **Program Components** are judged.

The factor of the Program Components is 1.0.

D. Synchronized Skating

1. Technical Requirements for Basic Novice competitions

1.1 Team composition

Basic Novice A

Basic Novice A shall consist of twelve (12) skaters with a maximum number of four (4) alternate skaters. At the National level, Members may permit a different team composition.

Basic Novice B

Basic Novice B shall consist of sixteen (16) skaters with a maximum number of four (4) alternate skaters. At the National level, Members may permit a different team composition.

1.2 Free Skating

Basic Novice A and B competitions will consist of a Free Skating program only.

A well-balanced Free Skating program must contain the following six (6) required elements:

1. **Intersection** Element (pi not counted)
2. **Linear** Element - Line
3. **Pivoting** Element – Block
4. **Rotating** Element - Circle
5. **Traveling** Element – Wheel
6. **Choice of one (1) of the following Elements:**
 - Creative Element
 - OR**
 - Combined** Element

Maximum element levels can be skated but the level awarded will be one level lower than the maximum defined in the ISU Technical Rules.

Other elements may be incorporated into the Free Skating program as transitional elements and might reflect the Judges scores for Interpretation. The program content sheet should indicate which extra Elements are transition Elements.

- Definition/criteria of recommended Elements and Additional Features are in accordance with Rule 990 paragraph 3.
- Difficulty Groups of Elements and Additional Features and the description of their requirements are in accordance with the valid (corresponding) ISU Communication.

a) Holds

Minimum of three (3) different recognizable holds are required. There will be a deduction made by the Referee if there is not the required number of holds in the program.

b) Duration of Program

The length of the program is 3 minutes +/- 10 seconds.

The timing must be reckoned from the moment that a skater begins to move (arms, head, etc.) or to skate until arriving at a complete stop at the end of the program.

c) Music

Vocal music using lyrics is permitted.

d) Program Components

The Program Components are only judged in

- Skating Skills
- Performance/Execution
- Interpretation

The Factor of the Program Components is 1.7

e) Illegal and non-permitted elements

The illegal and non-permitted elements are following the restrictions of Rule 992, paragraph 2 c) and paragraph 3 c).

2. Technical Requirements for Advanced Novice competitions

2.1 Team composition

An Advanced Novice team shall consist of sixteen (16) skaters with a maximum number of four (4) alternate skaters.

2.2 Free Skating

Advanced Novice competitions will consist of a Free Skating program only.

A well-balanced Free Skating program must contain the following seven (7) elements:

Must include the following six (6) required elements:

1. **Intersection** Element
2. **Linear** Element – Line
3. **No Hold** Element
4. **Pivoting** Element – Block
5. **Rotating** Element - Circle
6. **Traveling** Element – Wheel
7. **Choice of one (1) of the following Elements:**
 - Creative Element
 - OR**
 - Combined** Element

Maximum element levels can be skated but level awarded will be one level lower than the maximum. Maximum levels of Additional Features can be skated and will be rewarded according to the execution of the team.

Other elements may be incorporated into the Free Skating program and will be judged as transitions and/or choreography components. The program content sheet should indicate which extra Elements are transition Elements.

- Definition/criteria of recommended Elements and Additional Features are in accordance with Rule 990 paragraph 3.
- Difficulty Groups of Elements and Additional Features and the description of their requirements are in accordance with the valid (corresponding) ISU Communication.

a) Holds

Minimum of three (3) different recognizable holds are required. There will be a deduction made by the Referee if there is not the required number of holds in the program.

b) Duration of Program

The length of the program is 3 minutes 30 seconds +/- 10 seconds.

The timing must be reckoned from the moment that a skater begins to move (arms, head, etc.) or to skate until arriving at a complete stop at the end of the program.

c) Music

Vocal music using lyrics is permitted.

d) Program Components

The Program Components are judged in

- Skating Skills
- Performance/Execution
- Transitions
- Interpretation
- Choreography / Composition

The Factor of the Program Components is 1.0

e) Illegal and non-permitted elements

The illegal and non-permitted elements are following the restrictions of Rule 992, paragraph 2 c) and paragraph 3 c).

Milano,
July 31, 2014
Lausanne,

Ottavio Cinquanta, President
Fred Schmid, Director General