

2022 ISA AGM - Athlete Development Report

Kim Wilson – Acting Athlete Development Chair

In September 2021 I was contacted by Mark Lynch to see if I would be interested in taking on the role of Athlete Development. This was approved by the Board. I appreciate the Board putting faith in me taking on this role.

Thank you to Mark for his time in looking after this role.

I am happy to continue in this role until such time there is an expression of interest by someone else who would be interested.

ISA Tests App

Whilst I was working on this app as Sport Development Chair, it feels more in line with Athlete Development. The ISA Tests App provides a portal for the relevant test documents (patterns and test papers) as well as videos of the test patterns. It will be free for everyone!!!

Dana Tang who did the Aussie Skate App completed the work on this new app and is the featured skater in the videos demonstrating the patterns. I am very happy with the standard presented in the videos and should assist skaters, coaches and judges to clearly show what we should be seeing presented by skaters. I also hope this will provide a more consistent standard across the board for both skating skills and judging of tests.

A further enhancement for the app will be steps and turns showing them as separate elements. This will show the correct way for the steps and turns to be done.

The app developing tools are easy to use and any changes can be quickly made and applied to the app immediately. Anyone using the app will need to be connected to the internet or wifi to view.

Thank you to Angelique Clyde-Smith for helping with feedback on the app, including casting an eye over the videos. And thank you again to Dana for her excellent work on developing another app for our sport.

ISA Athlete Education and Development Program

At the end of 2021, Debbie Noyes (Technical Chair) and myself talked about an online program for skaters which would be an enhancement to their normal training. We developed a plan (attached to this report). Elizabeth Henningsen from SA joined our team to help with the program.

From these discussions we developed a six month Pilot Program for skaters in Preliminary and Elementary. The program is presented through Google Classrooms. Presentations have been presented by Zoom, recorded and uploaded to the ISA Youtube Channel. This is to enable those who cannot attend to view later.

Our first session in February was presented by Liz Alexandre on Skating Skills and Performance Components. Thank you to Liz for her presentation.

I presented the March session and Elizabeth presented the April session. The plan is to roll this program out to Adult skaters over the next few months.

One of the issues we have found is finding suitable times to cover everyone, hence being able to upload video for viewing later.

Thank you to Debbie and Elizabeth for being part of the program. We hope to be able to continue this initiative in future.

ISA Athlete Education and Development

PILOT PROGRAM FOR 2022

The OD for Technical & the OD for Athlete Development will conduct a joint project to trial this. This has also been discussed with the ISA Coaches committee.

1. Reasons for this Document

- Training and development is an important aspect of our sport and should include technical panels, referees, coaches and skaters to ensure that ALL stakeholders are included with a **focus on education, improvement and advancement of skaters.**
- Please note that skating techniques or anything to do with coaching will NOT be discussed nor commented on. This is purely from a Judging and technical aspect to familiarise skaters with the rules and protocols of skating.
- This is an initiative that allows ISA to connect directly with the younger members of our skating community and provide them learning opportunities for educational purposes.
- This will be a PILOT program in 2022 and will run for approximately six (6) months with a limited number of spaces.

2. Skaters

- To be **Piloted** with Preliminary and Elementary skaters and their coaches throughout the country
- This will be on a voluntary basis and any Preliminary or Elementary level skater in the country can apply to be part of the ISA Google classroom
- To apply the skater completes the linked form - <https://form.jotform.com/213411753686054>.
- In January skaters and coaches will be sent an invitation to join the Google Classroom.
- The “Teachers’ will be some highly ranked designated officials eg Debbie Noyes, Susan Lynch and other invited ISU officials

3. Proposed Topics to be covered.

January

- Skaters join the classroom and complete the Google doc survey.

February-Component Month

- An ISA Official will conduct a mini zoom seminar where they discuss the two components skating skills and performance. (Presentation will be posted on stream on Google Classroom.)
- Three videos from International competitions will then be posted on the google classroom for the skaters to watch and comment on these two components.

March-PPC Month

- A power point is posted on Google Classroom explaining how to fill out a PPC
- Skaters will then complete a google quiz on the PPC codes.
- Skaters to submit their PPC and feedback given as to it being correct or if codes are incorrect.

April-Technical requirements Month

- A power point is posted on Google Classroom explaining the required elements for this season and where to find ISA communications and rules
- An ISA Official will conduct a mini zoom seminar where they discuss how to improve their levels in spins and steps. (Presentation will then be posted on stream on Google Classroom)
- Skaters will then complete a google quiz on the required elements and how to get better levels.

May-GOE Month

- An ISA Official will conduct a mini zoom seminar where they discuss how to get better GOEs. (Presentation will be posted on stream on Google Classroom.)
- Skaters will be given some video clips and asked to comment on whether the jump is clean, on the quarter, under rotated or downgraded. They will also be asked to comment on what they think the GOE of some spins are.

June-Preparing for Competition Month

- A high level skater (perhaps an ex-Olympian) will conduct a mini zoom seminar where they discuss they prepare for competition both Nationally and Internationally and what to do in a competition if things go wrong.
- Feedback via zoom from Hollins trophy.