

2022 ISA AGM -TECHNICAL REPORT

Communications and rule updates to help the COVID-19 situation continue to be written and modified. ISA tests can now be conducted via zoom if there are no judges available. This has enabled skaters training overseas to complete ISA tests and stay overseas for training. It also enables dancers to have the correct panel required for ISA tests. These measures have been introduced to ease the pressure on the skaters by helping them to qualify for competitions and move up levels.

Bonuses are now being implemented in all competitions and this demonstrates ISA's continual commitment to improving and progressing the sport.

Elementary skaters are able to have features up to level 2 called for steps and spins. This was introduced so that these skaters could get levels for what they are already doing. Preliminary and elementary skaters can also get a level for 8 revolutions in a basic position. Both of these measure are designed to improve the quality of spins and step at a 'grass roots' level so that skaters can have quality spins and steps as they progress through the ranks.

ISA have introduced a trial online training and development program run in conjunction with the OD Athlete Development. Training and development is an important aspect of our sport and should a focus on education and improvement and advancement of skaters.

This is currently being trialled across the country with the majority of states having skaters enrolled. The Google Classroom online platform is being used to allow skaters In Preliminary and Elementary the opportunity to participate in a series of monthly activities. Presenters can be in any state or International.

To date the following topics have been discussed with the skaters via a range of methods including zoom, quizzes, videos:

- Codes for the elements
- How to fill in a PPC
- Improving my component marks (this focussed on the two component marks for preliminary & elementary)
- How do I improve my GOE mark
- How do I improve my spin and step levels.

It is envisaged that this program may roll out to the Adults skaters and the higher level skaters next year. There is scope for ISA to conduct a number of educational activities this way including the ASADA drug talk. Skaters can zoom in from all over the World and do not need to be present in person to receive the information.

I am happy to give a demonstration as to how this works to anyone interested. I would also like to thank my co teachers in this project Kim Wilson & Elizabeth Henningsen for all their help. Thank you to Liz Alexander for being the special guest and talking about components.

A special very big thank you to Kim Wilson who tirelessly uploads everything onto the ISA website for me.

Many thanks to Monica as APSA and ISA appear to be working well on all technical issues and she is readily keeping all the coaches up to date when I send through all communications. I would also like to thank all the coaches (too many to name) from across the country who readily give me feedback when I ask their opinions on new and innovative ways to do things.

I would also like to thank Susan, Rebecca and Angelique for all their continued efforts and help.

Debbie Noyes

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