

ICE SKATING AUSTRALIA

2022 / 2023 Pairs Short Program Elements (25th July, 2022)

<p>ADVANCED NOVICE</p> <p>2:20 +/- 10 sec IJS Level - ISU Advanced Novice Pair</p> <p>ISU Communication</p> <p><u>2489</u> Max Level 3 Components C, P, SS</p> <p>Deduct fall one partner 0.5 both partners 1.0 per element</p>	<p>Lifts</p> <p>Any Group 1-4 One arm hold not allowed Min 1 rev by man</p>	<p>Twist Lift</p> <p>Single or Double</p>		<p>Solo Jump</p> <p>Double</p>	<p>Solo Spin Combo</p> <p>With no change of foot</p> <p>Min 6 rev in total</p>	<p>Death Spiral</p> <p>Any death spiral</p>	<p>Step Sequence</p> <p>Pattern not required but must fully utilize the ice surface</p>
<p>JUNIOR</p> <p>2:40 +/- 10 sec</p> <p>IJS Level - ISU Junior Pair</p> <p><u>ISU Comm 2474</u> 2022/23</p>	<p>Lifts</p> <p><u>Any</u> <u>Group 5</u> Min 1 rev by man Carries are allowed but don't receive a feature</p>	<p>Twist Lift</p> <p>Double or Triple</p>	<p>Throw Jump</p> <p><u>Double or</u> <u>Triple</u> <u>Toe/Flip/Lutz</u></p> <p>Jumps with less than required revolutions will receive no value</p>	<p>Solo Jump</p> <p><u>Double Loop or Double Axel</u></p> <p>Jumps with less than required revolutions will receive no value</p>	<p>Solo Spin Combination</p> <p>Spin with only one change of foot</p> <p>Min 5 revs on each foot</p>	<p>Death Spiral <u>Backward Inside</u></p> <p>When final death spiral position is attained, both partners must execute 1 full rev</p>	<p>Step Sequence</p> <p>Pattern not required but must fully utilize the ice surface</p>
<p>SENIOR</p> <p>2:40 +/- 10 sec IJS Level - ISU Senior Pair</p> <p><u>ISU Comm 2474</u> 2022/23</p>	<p>Lifts</p> <p><u>Any</u> <u>Group 5</u> Min 1 rev by man Carries are allowed but don't receive a feature</p>	<p>Twist Lift</p> <p>Double or Triple</p>	<p>Throw Jump</p> <p>Double or Triple</p> <p>Jumps with less than required revolutions will receive no value</p>	<p>Solo Jump Double or Triple</p> <p>Jumps with less than required revolutions will receive no value</p>	<p>Solo Spin Combination</p> <p>Spin with only one change of foot</p> <p>Min 5 revs on each foot</p>	<p>Death Spiral <u>Backward Inside</u></p> <p>When final death spiral position is attained, both partners must execute 1 full rev</p>	<p>Step Sequence</p> <p>Pattern not required but must fully utilize the ice surface</p>