

ICE SKATING AUSTRALIA

2023 / 2024 Pairs Short Program Elements (23rd July, 2023)

<p>ADVANCED NOVICE</p> <p>2:20 +/- 10 sec IJS Level - Advanced Novice</p> <p>ISU Communication</p> <p><u>2562</u> Max Level 3</p> <p>Deduct fall one partner 0.5 both partners 1.0 per element</p>	<p>Lifts</p> <p>Any Group 1-4 One arm hold not allowed Min 1 rev by man</p>	<p>Twist Lift</p> <p>Single or Double</p>		<p>Solo Jump</p> <p>Double</p>	<p>Solo Spin Combo</p> <p>With no change of foot</p> <p>Min 6 rev in total</p>	<p>Death Spiral</p> <p>Any death spiral</p>	<p>Step Sequence</p> <p>Pattern not required but must fully utilize the ice surface</p>
<p>JUNIOR</p> <p>2:40 +/- 10 sec</p> <p>IJS Level Junior</p> <p><u>ISU Comm 2558</u> 2023/24</p>	<p>Lifts</p> <p><u>Group 3</u> Min 1 rev by man Carries are allowed but don't receive a feature</p>	<p>Twist Lift</p> <p>Double or Triple</p>	<p>Throw Jump</p> <p><u>Double or Triple Loop</u></p> <p>Jumps with less than required revolutions will receive no value</p>	<p>Solo Jump</p> <p><u>Double Lutz or Double Axel</u></p> <p>Jumps with less than required revolutions will receive no value</p>	<p>Solo Spin Combination</p> <p>Spin with only one change of foot</p> <p>Min 5 revs on each foot</p>	<p>Death Spiral <u>Forward Inside</u></p> <p>When final death spiral position is attained, both partners must execute 1 full rev</p>	<p>Step Sequence</p> <p>Pattern not required but must fully utilize the ice surface</p>
<p>SENIOR</p> <p>2:40 +/- 10 sec IJS Level Senior</p> <p><u>ISU Comm 2558</u> 2023/24</p>	<p>Lifts</p> <p><u>Group 3</u> Min 1 rev by man Carries are allowed but don't receive a feature</p>	<p>Twist Lift</p> <p>Double or Triple</p>	<p>Throw Jump</p> <p>Double or Triple</p> <p>Jumps with less than required revolutions will receive no value</p>	<p>Solo Jump Double or Triple</p> <p>Jumps with less than required revolutions will receive no value</p>	<p>Solo Spin Combination</p> <p>Spin with only one change of foot</p> <p>Min 5 revs on each foot</p>	<p>Death Spiral <u>Forward Inside</u></p> <p>When final death spiral position is attained, both partners must execute 1 full rev</p>	<p>Step Sequence</p> <p>Pattern not required but must fully utilize the ice surface</p>