

**ICE SKATING AUSTRALIA 2022 / 2023 Solo Dance Requirements (May 2022)**

<b>Without Key points PC Factor 0.7</b>	<b>PATTERN DANCE (Group 1)</b>	<b>Number of Sequences to skate</b>	<b>Number of Sections per Sequence</b>	<b>Section Steps</b>
<b>ELEMENTARY</b>	Willow Waltz	2	1	1 to 22
<b>BASIC NOVICE</b>	European Waltz	2	1	1 to 18
<b>ADVANCED NOVICE</b>	Starlight Waltz	2	2	1 to 32
<b>ADULT</b>	Tango Canasta	3	1	1 to 14
<b>OPEN</b>	Blues	3	1	1 to 17

<b>SOLO DANCE RHYTHM DANCE ELEMENTS PC Factor 1.0</b>	<b>1 Sequence of the nominated Pattern Dance (Group 3)</b>	<b>Maximum one (1) Spin</b>	<b>Maximum one (1) Step Sequence</b>	<b>Maximum one (1) set of Twizzles</b>
<b>ELEMENTARY</b> 1min 30 secs +/- 10 secs <b>Max Level 1</b>	Swing Dance	Minimum 3 revolutions on 1 foot	Circular, Midline or Diagonal Pattern  <b>Serpentine not permitted.</b>  Must fully utilise the ice surface  Jumps of more than ½ rotation, stops, dance spins, pirouettes, pattern regression and loops are not permitted.	
<b>BASIC NOVICE</b> 2min +/- 10 secs <b>Max Level 1</b>	Tango Fiesta			
<b>ADVANCED NOVICE</b> 2min 30secs +/- 10 secs <b>Max Level 2</b>	American Waltz			
<b>ADULT</b> 2min 30 secs +/- 10 secs <b>Max Level 4</b>	Rhythm Blues			
<b>OPEN</b> 3min +/- 10 secs <b>Max Level 4</b>	Rocker Foxtrot			