

## SECTION 4

### ICE DANCE (includes Adult Dance)

Amended May 2022

Where no specific by-law exists in this section, the appropriate by-laws from other sections of these regulations apply.

Refer to Section 6 for By-Laws relating to Championships and Competitions and Section 8 for By-Laws relating to International events.

#### A. GENERAL

##### By-Law 400

#### DISCIPLINES, CONTENT AND ORDER OF ICE DANCE

Refer to ISU Rule 300.2 and ISU Rule 335.C.

By-Law 303 as relevant to ice dance also applies.

##### By-Law 401

#### DEFINITIONS – ICE DANCE

1. **Axis.**  
Refer to ISU Rule 701.
2. **Patterns.**  
Refer to ISU Rule 702.
3. **Series of Steps.**  
Refer to ISU Rule 703.
4. **Steps, Turns and Movements.**  
Refer to ISU Rule 704.
5. **Dance Holds.**  
Refer to ISU Rule 705.
6. **Musical Definitions.**  
Refer to ISU Rule 706.
7. **Pattern Dances.**  
Refer to ISU Rule 707.
8. **Requirements and Marking of Pattern Dances.**  
Refer to ISU Rule 708.
9. **Rhythm Dance.**  
Refer to ISU Rule 709.

**10. Free Dance.**

Refer to ISU Rule 710.

**11. Announcement and draw of Pattern Dances and announcement of requirements for Rhythm Dance and Free Dance.**

Refer to ISU Rule 711.

**By-Law 402****DEDUCTIONS**

Refer to ISU Rule 353.1(n)

Deductions for Lower Levels. Applies to all ice dance and solo dance divisions except Senior, Junior, Adult and Open.

- Deductions for Interruption(s) in performing the program
  - For every Interruption of:
    - more than 10 seconds up to 20 seconds: - 0.5 points
    - more than 20 seconds up to 30 seconds: - 1.0 points
    - more than 30 seconds up to 40 seconds: - 1.5 points
- Interruption of the program with allowance of up to three minutes to resume from the point of interruption: - 2.5 points per program.

**By-Law 403****SOLO DANCE**

1. By-Laws 400 and 401 also apply.
2. Joint competitions will be held for Women and Men.
3. Men will be required to skate the Woman's steps in the Pattern Dances.
4. Skaters competing in Elementary, Basic Novice, Advanced Novice and Open Solo Dance may not compete in the Adult Solo Dance event at the same competition.
5. Rhythm Dance may cover any pattern on the ice.
6. Illegal elements include:
  - a) Jumps of more than one revolution.
  - b) Kneeling on two knees on the ice.
  - c) Lying on the ice.

**By-Law 404****PROGRAM COMPONENTS**

**Pattern Dance** (see ISU Rule 708) and most recent ISU Communication on Novice – Ice Dance

	Preliminary, Elementary, Basic Novice and Intermediate Novice	Advanced Novice, Junior, Senior, Adult and Solo Dance
Skating Skills	X	X
Performance	X	X
Interpretation		X
Timing	X	X

**Rhythm and Free Dance** (see ISU Rule 504) and most recent ISU Communication on Novice – Ice Dance

	Preliminary, Elementary, Basic Novice and Intermediate Novice	Advanced Novice	Junior, Senior, Adult and Solo Dance
Skating Skills	X	X	X
Transitions		X	X
Performance	X	X	X
Composition			X
Interpretation of the Music/Timing	X	X	X

**By-Laws 405 to 409 Reserved**

**B. ICE DANCE****By-Law 410****ICE DANCE – PRELIMINARY**

<b>PRELIMINARY DANCE</b>	May be in two parts: 1. One Pattern Dance 2. One Free Dance	
<b>PATTERN DANCE</b>	To be announced annually by ISA.	
<b>DURATION OF FREE DANCE</b>	1 minute and 30 seconds, plus or minus 10 seconds	
<b>FREE DANCE REQUIREMENTS</b>	Well balanced program	
One (1) Dance Spin	Spin or Combination Spin	
One (1) Set of Synchronized Twizzles	As defined in ISU Rule 704, paragraph 12 a) and b), only the first set of Synchronized Twizzles skated will be identified and considered for the Level of Difficulty.	
One (1) Choreo Element	Chosen from: Choreo Lift Choreo Spinning Movement Choreo Twizzling Movement Choreo Character Step Sequence Choreo Sliding Movement	
<b>ELIGIBILITY</b>	At close of entries both skaters must: 1. Be current financial members of a State Association. 2. Have passed the ISA Preliminary Pattern Dance (Recreational) Test or equivalent (ISA By-Law 217.7 a). 3. Only one partner may have passed the ISA Basic Novice Pattern (Recreational) Dance Test (ISA By-Law 216.3 c) or equivalent.	
<b>PROGRAM COMPONENTS MARKED*</b>	Refer to ISA By-Law 404	
<b>PATTERN DANCE FINAL SCORE FACTOR*</b>	One dance x 1.0	
<b>PROGRAM COMPONENT FACTORS*</b>	Pattern Dance	0.7
	Free Dance	1.0
<b>DEDUCTION PER FALL*</b>	0.5 for one skater 1.0 for both skaters	
<b>MAXIMUM LEVEL OF DIFFICULTY*</b>	Only features up to Level 1 will be counted	
* Refer to ISU Communications for Novice Competitions, Basic Novice Dance		

**By-Law 411****ICE DANCE – ELEMENTARY**

<b>ELEMENTARY DANCE</b>	May be in three parts: 1. Two pattern dances 2. Free Dance	
<b>PATTERN DANCE GROUPS</b>	One of three groups announced annually by ISA	
<b>DURATION OF FREE DANCE</b>	2 minutes, plus or minus 10 seconds	
<b>FREE DANCE REQUIREMENTS</b>	Well Balanced Program:	
One (1) Dance Spin	Spin or Combination Spin	
One (1) Set of Synchronized Twizzles	As defined in ISU Rule 704, paragraph 12 a) and b), only the first set of Synchronized Twizzles skated will be identified and considered for the Level of Difficulty.	
Two (2) different Choreo Elements	One (1) must be a Choreo Lift, plus One (1) chosen from Choreo Spinning Movement Choreo Twizzling Movement Choreo Character Step Sequence Choreo Sliding Movement	
<b>ELIGIBILITY</b>	At close of entries both skaters must:  1. Be current financial members of a State Association.  2. Have passed the ISA Elementary Pattern (Recreational) Dance Test or equivalent (ISA By-Law 217.7 a).  3. <b>Only one partner may have passed the ISA Basic Novice Pattern (Recreational) Dance Test (ISA By-Law 216.3 c).</b> or equivalent.	
<b>PROGRAM COMPONENTS MARKED*</b>	Refer to ISA By-Law 404	
<b>PATTERN DANCE FINAL SCORE FACTOR*</b>	Two dances x 0.5 for each dance One dance x 1.0	
<b>PROGRAM COMPONENT FACTORS*</b>	Pattern Dances	0.7
	Free Dance	1.0
<b>DEDUCTION PER FALL*</b>	0.5 for one skater 1.0 for both skaters	
<b>MAXIMUM LEVEL OF DIFFICULTY*</b>	Only features up to Level 1 will be counted	
* Refer to ISU Communications for Novice Competitions, Basic Novice Dance		

**By-Law 412****ICE DANCE – BASIC NOVICE**

<b>BASIC NOVICE DANCE</b>	May be in three parts 1. Two Pattern Dances 2. Free Dance	
<b>PATTERN DANCE GROUPS</b>	To be announced annually by ISA as per ISU Communications for Novice Competitions, Basic Novice Ice Dance.	
<b>DURATION OF FREE DANCE</b>	2 minutes, plus or minus 10 seconds	
<b>FREE DANCE REQUIREMENTS</b>	As defined in ISU Communications for Novice Competitions, Basic Novice Dance.	
<b>ELIGIBILITY</b>	At close of entries both skaters must:  1. Be current financial members of a State Association.  2. Have passed the ISA Basic Novice Pattern (Recreational) Dance Test (partnered) or Basic Novice Competitive Dance Test or equivalent (ISA By-Law 216.3 b).  3. Only one partner may have passed the ISA Advanced Novice Pattern (Recreational) or <u>Advanced Novice Competitive Dance Test</u> or equivalent. (ISA By-Law 216.3 e).	
<b>PROGRAM COMPONENTS MARKED*</b>	Refer to ISA By-Law 404	
<b>PATTERN DANCE FINAL SCORE FACTOR*</b>	Two dances x 0.5 for each dance One dance x 1.0	
<b>PROGRAM COMPONENT FACTORS*</b>	Pattern Dances	0.7
	Free Dance	1.0
<b>DEDUCTION PER FALL *</b>	0.5 for one skater 1.0 for both skaters	
<b>MAXIMUM LEVEL OF DIFFICULTY*</b>	Only features up to Level 1 will be counted	
<p>* Refer to ISU Communications for Novice Competitions, Basic Novice Dance  <b>If both skaters have not passed the Basic Novice Competitive Dance Test, their first competition as a new couple cannot be AFSC or higher.</b></p>		

**By-Law 413****ICE DANCE – INTERMEDIATE NOVICE**

<b>INTERMEDIATE NOVICE DANCE</b>	Shall be in three parts 1. Two Pattern Dances 2. Free Dance	
<b>PATTERN DANCE REQUIREMENTS</b>	As defined in ISA Dance Elements Table and ISU Communications for Novice competitions, Intermediate Novice Dance.	
<b>DURATION OF FREE DANCE</b>	2 minutes and 30 seconds, plus or minus 10 seconds	
<b>PATTERN DANCE GROUPS</b>	As defined in ISU Communications for Novice competitions, Intermediate Novice Dance.	
<b>FREE DANCE REQUIREMENTS</b>	As defined in ISU Communications for Novice competitions, Intermediate Novice Dance.	
<b>ELIGIBILITY</b>	<p>At close of entries both skaters must:</p> <ol style="list-style-type: none"> <li>1. Be current financial members of a State Association.</li> <li>2. Have passed the ISA Intermediate Novice Competitive Dance Test or <u>Intermediate Novice Pattern Dance Recreational Test (partnered)</u> or equivalent (ISA By-Law 216.3 J i).</li> <li>3. Not won a previous Intermediate Novice Dance Championship of Australia, except that where the partners have not reached the age of 14 for Women and 16 for Men before July 1 preceding the event, the title may be defended</li> </ol> <p>OR</p> <ol style="list-style-type: none"> <li>4. Only one partner has won a previous Intermediate Novice Dance Championship of Australia, AND</li> <li>5. Only one partner has competed in an Advanced Novice Dance Championship (State, Australian or other).</li> </ol>	
<b>PROGRAM COMPONENTS MARKED*</b>	Refer to ISA By-Law 404	
<b>PATTERN DANCE FINAL SCORE FACTOR*</b>	Two dances x 0.75 for each dance One dance x 1.0	
<b>PROGRAM COMPONENT FACTORS*</b>	Pattern Dances	0.7
	Free Dance	1.0
<b>DEDUCTION PER FALL*</b>	0.5 for one skater 1.0 for both skaters	
<b>MAXIMUM LEVEL OF DIFFICULTY*</b>	Only features up to Level 2 will be counted	
<p>* Refer to ISU Communications for Novice Competitions, Intermediate Novice Dance  <u>If both skaters have not passed the Intermediate Novice Competitive Dance Test, their first competition as a new couple cannot be AFSC or higher.</u></p>		

**By-Law 414****ICE DANCE – ADVANCED NOVICE**

<b>ADVANCED NOVICE DANCE</b>	Shall be in three parts 1. Two Pattern Dances, chosen from one of two groups.	
<b>PATTERN DANCE REQUIREMENTS</b>	As defined in ISU Communications for Novice competitions, Advanced Novice Dance.	
<b>DURATION OF FREE DANCE</b>	3 minutes, plus or minus 10 seconds	
<b>PATTERN DANCE GROUPS</b>	As defined in ISU Communications for Novice competitions, Advanced Novice Dance.	
<b>FREE DANCE REQUIREMENTS</b>	As defined in ISU Communications for Novice competitions, Advanced Novice Dance.	
<b>ELIGIBILITY</b>	<p>At close of entries both skaters must:</p> <ol style="list-style-type: none"> <li>1. Be current financial members of a State Association,</li> <li>2. Have passed the ISA Advanced Novice Competitive Dance Test or equivalent (ISA By-Law 216.3 J ii). AND</li> <li>3. Not won a previous Advanced Novice Dance Championship of Australia, except that where the partners have not reached the age of 15 for Women and 17 for Men before July 1 preceding the event, the title may be defended; OR</li> <li>4. Only one partner has won a previous Advanced Novice Dance Championship of Australia, AND only one partner has competed in a Junior Dance Championship (State, Australian or other).</li> </ol>	
<b>PROGRAM COMPONENTS MARKED</b>	Refer to ISA By-Law 404	
<b>PATTERN DANCE FINAL SCORE FACTOR</b>	Two dances x 1.0 for each dance One dance x 1.0	
<b>PROGRAM COMPONENT FACTORS</b>	Pattern Dance	0.7
	Free Dance	1.0
<b>DEDUCTION PER FALL</b>	0.5 for one skater 1.0 for both skaters	
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 3 will be counted	
* Refer to ISU Communications for Novice Competitions, Advanced Novice Dance		



**By-Law 415**  
**ICE DANCE - JUNIOR**

<b>JUNIOR DANCE</b>	Shall be in two parts 1. Rhythm Dance 2. Free Dance	
<b>DURATION OF RHYTHM DANCE</b>	2 minutes and 50 seconds, plus or minus 10 seconds See ISU Rules 502.3	
<b>DURATION OF FREE DANCE</b>	3 minutes and 30 seconds, plus or minus 10 seconds See ISU Rules 502.4	
<b>RHYTHM DANCE REQUIREMENTS</b>	Refer to the most recent relevant ISU Communication on Ice Dance.	
<b>FREE DANCE REQUIREMENTS</b>	Refer to the most recent relevant ISU Communication on Ice Dance.	
<b>ELIGIBILITY</b>	<p>At close of entries both skaters must:</p> <p>1. Be current financial members of a State Association.</p> <p>2. Have passed the ISA Junior Competitive Dance Test or equivalent (ISA By-Law 216.3 J iii). AND</p> <p>3A. Not exceeded the ISU Junior age of 19 for Women and the age of 21 for Men in Ice Dance competition before July 1 preceding the event,</p> <p>OR</p> <p>3B. Only one partner has won a previous Junior or higher Dance Championship of Australia,</p> <p>OR</p> <p>3C. Only one partner has competed in a Senior Dance Championship (State, Australian or other).</p>	
<b>PROGRAM COMPONENTS MARKED</b>	Refer to ISA By-Law 404	
<b>PROGRAM COMPONENT FACTORS</b>	Rhythm Dance	0.8
	Free Dance	1.2
<b>DEDUCTION PER FALL</b>	1.0 for one skater 2.0 for both skaters	
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Features up to Level 4 will be counted.	

**By-Law 416**  
**ICE DANCE - SENIOR**

<b>SENIOR DANCE</b>	Shall be in two parts 1. Rhythm Dance 2. Free Dance	
<b>DURATION OF RHYTHM DANCE</b>	2 minutes and 50 seconds, plus or minus 10 seconds See ISU Rules 502.3	
<b>DURATION OF FREE DANCE</b>	4 minutes, plus or minus 10 seconds See ISU Rules 502.4	
<b>RHYTHM DANCE REQUIREMENTS</b>	Refer to the most recent relevant ISU Communication on Ice Dance.	
<b>FREE DANCE REQUIREMENTS</b>	Refer to the most recent relevant ISU Communication on Ice Dance.	
<b>ELIGIBILITY</b>	At close of entries both skaters must:  1. Be current financial members of a State Association.  2. Have passed the ISA Senior Competitive Dance Test or equivalent (ISA By-Law 216.3 J iv).	
<b>PROGRAM COMPONENTS MARKED</b>	Refer to ISA By-Law 404	
<b>PROGRAM COMPONENT FACTORS</b>	Rhythm Dance	0.8
	Free Dance	1.2
<b>DEDUCTION PER FALL</b>	1.0 for one skater 2.0 for both skaters	
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Features up to Level 4 will be counted.	

**C. SOLO DANCE****By-Law 417****SOLO DANCE – ELEMENTARY**

<b>ELEMENTARY SOLO DANCE</b>	May be in two parts 1. One Pattern Dance 2. Rhythm Dance	
<b>PATTERN DANCE GROUPS</b>	One of four groups announced annually: Group 1: 2022-2023 Willow Waltz Group 2: <u>2023-2024</u> Swing Dance Group 3: <u>2024-2025</u> Tango Canasta Group 4: <u>2025-2026</u> Tango Fiesta	
<b>DURATION OF RHYTHM DANCE</b>	1 minute and 30 seconds, plus or minus 10 seconds	
<b>RHYTHM DANCE REQUIREMENTS</b>	<b>Well Balance Program:</b> The emphasis is on steps, flow and timing. Refer to ISU Rule 709.1 a, c and e for requirements.	
One (1) sequence of the nominated Pattern Dance	One of three groups announced annually: Group 1: <u>2023-2024</u> Rhythm Blues Group 2: <u>2024-2025</u> Cha Cha Group 3: <u>2022-2023</u> Swing Dance	
<ul style="list-style-type: none"> <li>One (1) Circular, Midline or Diagonal Step Sequence</li> </ul>	Must fully utilise the ice surface. Serpentine sequence is not permitted. Jumps of more than ½ rotation, stops, dance spins, pirouettes, pattern regression and loops are not permitted.	
<ul style="list-style-type: none"> <li>Maximum of one (1) Set of Twizzles</li> </ul>		
Maximum of one (1) Spin	Minimum of 3 revolutions on 1 foot	
<b>ELIGIBILITY</b>	At close of entries the skater must: 1. Be a current financial member of a State Association. 2. Have passed the ISA Elementary Pattern (Recreational) Dance Test (Solo or Partnered) or equivalent (ISA By-Law 216.3 b). but not higher.	
<b>PROGRAM COMPONENT MARKING</b>	Refer to ISA By-Law 404	
<b>PROGRAM COMPONENT FACTORS</b>	Pattern Dance	0.7
	Rhythm Dance	1.0
<b>DEDUCTION PER FALL</b>	0.5	
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 1 will be counted.	

**By-Law 418****SOLO DANCE – BASIC NOVICE**

<b>BASIC NOVICE SOLO DANCE</b>	May be in two parts 1. One Pattern Dance 2. Rhythm Dance	
<b>PATTERN DANCE GROUPS</b>	One of four groups announced annually: Group 1: <u>2022-2023</u> European Waltz Group 2: <u>2023-2024</u> Silver Samba Group 3: <u>2024-2025</u> Fourteen Step Group 4: <u>2025-2026</u> Foxtrot	
<b>DURATION OF RHYTHM DANCE</b>	2 minutes plus or minus 10 seconds	
<b>RHYTHM DANCE REQUIREMENTS</b>	<b>Well Balanced Program:</b> Comment: The emphasis is on steps, flow and timing. Refer to ISU Rule 709.1 a, c and e for requirements.	
One (1) sequence of the nominated Pattern Dance	One of three groups announced annually: Group 1: <u>2023-2024</u> Willow Waltz Group 2: <u>2024-2025</u> Ten Fox Group 3: <u>2022-2023</u> Fiesta Tango	
One (1) Circular, Midline or Diagonal Step Sequence	Must fully utilise the ice surface. Serpentine sequence is not permitted. Jumps of more than ½ rotation, stops, dance spins, pirouettes, pattern regression and loops are not permitted.	
Maximum one (1) Set of Twizzles		
Maximum of one (1) Spin	Minimum of 3 revolutions on 1 foot	
<b>ELIGIBILITY</b>	At close of entries the skater must:  1. Be a current financial member of a State Association.  2. Have passed the ISA Basic Novice Pattern (Recreational) Dance Test (Solo or Partnered) or equivalent (ISA By-Law 216.3 c). but not higher than ISA Intermediate Novice Pattern (Recreational) Dance Test (Solo or Partnered)	
<b>PROGRAM COMPONENT MARKING</b>	Refer to ISA By-Law 404	
<b>PROGRAM COMPONENT FACTORS</b>	Pattern Dance	0.7
	Free Dance	1.0
<b>DEDUCTION PER FALL</b>	0.5	
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 1 will be counted.	

**By-Law 419**  
**SOLO DANCE – ADVANCED NOVICE**

<b>ADVANCED NOVICE SOLO DANCE</b>	May be in two parts 1. One Pattern Dance 2. Rhythm Dance	
<b>PATTERN DANCE GROUPS</b>	One of four groups announced annually: Group 1: <u>2022-2023</u> Starlight Waltz Group 2: <u>2023-2024</u> American Waltz Group 3: <u>2024-2025</u> Rocker Foxtrot Group 4: <u>2025-2026</u> Tango	
<b>DURATION OF RHYTHM DANCE</b>	2 minutes and 30 seconds, plus or minus 10 seconds	
<b>RHYTHM DANCE REQUIREMENTS</b>	<b>Well Balance Program:</b> The emphasis is on steps, flow and timing. Refer to ISU Rule 709.1 a, c and e for requirements.	
One (1) sequence of the nominated Pattern Dance	One of three groups announced annually: Group 1: <u>2023-2024</u> Paso Doble Group 2: <u>2024-2025</u> Foxtrot Group 3: <u>2022-2023</u> American Waltz	
One (1) Circular, Midline or Diagonal Step Sequence	Must fully utilise the ice surface. Serpentine sequence is not permitted Jumps of more than ½ rotation, stops, dance spins, pirouettes, pattern regression and loops are not permitted.	
Maximum one (1) Set of Twizzles		
Maximum of one (1) Spin	Minimum of 3 revolutions on 1 foot	
<b>ELIGIBILITY</b>	At close of entries the skater must:  1. Be a current financial member of a State Association.  2. Have passed Advanced Novice Pattern (Recreational) Dance Test (Solo or Partnered) or equivalent (ISA By-Law 216.3 c). but not higher.	
<b>PROGRAM COMPONENT MARKING</b>	Refer to ISA By-Law 404	
<b>PROGRAM COMPONENT FACTORS</b>	Pattern Dance	0.7
	Free Dance	1.0
<b>DEDUCTION PER FALL</b>	0.5	
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Only features up to Level 2 will be counted.	

**By-Law 420**  
**SOLO DANCE – ADULT**

<b>ADUL SOLO DANCE</b>	May be in two parts 1. One Pattern Dance 2. Rhythm Dance	
<b>PATTERN DANCE GROUPS</b>	One of four groups announced annually: Group 1: 2022-2023      Tango Canasta Group 2: <u>2023-2024</u> Dutch Waltz Group 3: <u>2024-2025</u> Ten Fox Group 4: <u>2025-2026</u> Tango Fiesta	
<b>DURATION OF RHYTHM DANCE</b>	2 minutes and 30 seconds, plus or minus 10 seconds	
<b>RHYTHM DANCE REQUIREMENTS</b>	<b>Well Balanced Program:</b> The emphasis is on steps, flow and timing. Refer to ISU Rule 709.1 a, c and e for requirements.	
One (1) sequence of the nominated Pattern Dance	One of three groups announced annually: Group 1: 2023-2024      Swing Dance Group 2: 2024-2025      Fourteen Step Group 3: 2022-2023      Rhythm Blues	
One (1) Circular, Midline or Diagonal Step Sequence	Must fully utilise the ice surface. Serpentine sequence is not permitted. Jumps of more than ½ rotation, stops, dance spins, pirouettes, pattern regression and loops are not permitted.	
Maximum one (1) Set of Twizzles		
Maximum of one (1) Spin	Minimum of 3 revolutions on 1 foot	
<b>ELIGIBILITY</b>	At close of entries the skater must:  1. Be a current financial member of a State Association.  2. Have passed the ISA Elementary Pattern (Recreational) Dance Test (Solo or Partnered) or equivalent (ISA By-Law 216.3 a). but not higher than ISA Advanced Novice Pattern (Recreational) Dance Test (Solo or Partnered) or the ISA Advanced Novice Competitive Dance Test or equivalent (ISA By-Law 216.3 c).	
<b>PROGRAM COMPONENT MARKING</b>	Refer to ISA By-Law 404	
<b>PROGRAM COMPONENT FACTORS</b>	Pattern Dance	0.7
	Free Dance	1.0
<b>DEDUCTION PER FALL</b>	1.0	
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Features up to Level 4 will be counted.	

**By-Law 421**  
**SOLO DANCE – OPEN**

<b>OPEN SOLO DANCE</b>	May be in two parts 1. One Pattern Dance 2. Rhythm Dance	
<b>PATTERN DANCE GROUPS</b>	One of four groups announced annually: Group 1: <u>2022-2023</u> Blues Group 2: <u>2023-2024</u> Quickstep Group 3: <u>2024-2025</u> Westminster Waltz Group 4: <u>2025-2026</u> Kilian	
<b>DURATION OF RHYTHM DANCE</b>	3 minutes, plus or minus 10 seconds	
<b>RHYTHM DANCE REQUIREMENTS</b>	<b>Well Balanced Program:</b> The emphasis is on steps, flow and timing. Refer to ISU Rule 709.1 a, c and e for requirements.	
One (1) sequence of the nominated Pattern Dance	One of three groups announced annually: Group 1: <u>2023-2024</u> Argentine Tango Group 2: <u>2024-2025</u> Kilian Group 3: <u>2022-2023</u> Rocker Foxtrot	
One (1) Circular, Midline or Diagonal Step Sequence	Must fully utilise the ice surface. Serpentine sequence is not permitted. Jumps of more than ½ rotation, stops, dance spins, pirouettes, pattern regression and loops are not permitted.	
Maximum one (1) Set of Twizzles		
Maximum of one (1) Spin	Minimum of 3 revolutions on 1 foot	
<b>ELIGIBILITY</b>	At close of entries the skater must:  1. Be a current financial member of a State Association.  2. Have passed at least the ISA Advanced Novice Pattern (Recreational) Dance Test (Solo or Partnered) or the ISA Advanced Novice Competitive Dance Test or equivalent (ISA By-Law 216.3 d).	
<b>PROGRAM COMPONENT MARKING</b>	Refer to ISA By-Law 404	
<b>PROGRAM COMPONENT FACTORS</b>	Pattern Dance	0.7
	Free Dance	1.0
<b>DEDUCTION PER FALL</b>	1.0	
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Features up to Level 4 will be counted.	

**D. ADULT ICE DANCE****By-Law 422**

1. **ADULT ICE DANCE** may be in three parts:

- a) Two Pattern Dances
- b) Free Dance

For Adult Pattern Dance and Free Dance elements refer to ISU International Figure Skating Competition rules for the current season:

<https://www.isu.org/figure-skating/figure-skating-events/adult-skating-figure-skating>

**2. ELIGIBILITY**

At close of entries both skaters must:

1. Be current members of a State Association,
2. Have reached the age of 18 years by July 1 preceding the competition.
3. Have passed at minimum the relevant test from the table below or equivalent (ISA By-Law 607.5)

Bronze	Elementary Pattern (Recreational) Dance Test	ISA By-Law 216.3 B
Silver	Basic Novice Pattern (Recreational) Dance Test	ISA By-Law 216.3C
Gold	Intermediate Novice Pattern (Recreational) or Competitive	ISA By-Law 216.3D, J(i)
Masters	Advanced Novice Pattern (Recreational) or Competitive Dance	ISA By-Law 216.3E, J(ii)
Elite Masters	Junior Competitive Dance Test	ISA By-Law 216.3F

**3. PATTERN DANCE**

The group for competition to be announced annually by ISA as per ISU Adult Skating Group.

**4. DURATION OF FREE DANCE**

Bronze	1 minute and 50 seconds, +/- 10 seconds
Silver	2 minutes and 30 seconds, +/- 10 seconds
Gold, Masters and Elite Masters	3 minutes, +/- 10 seconds

**5. MARKING**

<b>PROGRAM COMPONENT MARKING</b>	Refer to ISA By-Law 404	
<b>PATTERN DANCE FINAL SCORE FACTOR</b>	Two dances x 0.5 for each dance One dance x 1.0	
<b>PROGRAM COMPONENT FACTORS</b>	Pattern Dance	0.7
	Free Dance	1.2
<b>DEDUCTION PER FALL</b>	Elite Masters	All other Adult
	1.0 for one skater 2.0 for both skaters	0.5 for one skater 1.0 for both skaters
<b>MAXIMUM LEVEL OF DIFFICULTY</b>	Features up to Level 4 will be counted.	