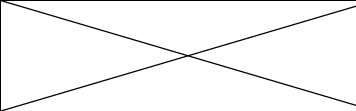


ICE SKATING AUSTRALIA 2021 / 2022 Adult Dance Requirements (March 2021)

Reference: <https://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/related-documents-1/25378-technical-requirements-season-2021-22/file>

Without Key points	PATTERN DANCE	Number of Sequences to skate	Number of Sections per Sequence	Section Steps
BRONZE	Fourteen Step	4	1	1 to 14
	Swing Dance	2	1	1 to 30
SILVER	Tango	2	1	1 to 22
	European Waltz	2	1	1 to 18
GOLD	Silver Samba	2	1	1 to 49
	Starlight Waltz	2	1	1 to 32
MASTERS and MASTERS ELITE	Rhumba	4	1	1 to 16
	Starlight Waltz	2	1	1 to 32
The points for each Program Component are multiplied by a factor of 0.7.				
The total score for each dance will be multiplied by a factor of 0.5.				

ADULT DANCE FREE DANCE ELEMENTS	LIFTS	STEP SEQUENCE	DANCE SPIN	TWIZZLES
BRONZE 1 minute 50 seconds +/- 10 seconds	One (1) Short Lift Maximum Level 1	One (1) in a Diagonal Pattern only, in hold. Style B	Maximum of one (1) Dance Spin. (No Combination Spin)	
SILVER 2 minutes 30 seconds +/- 10 seconds	One (1) Short Lift Maximum Level 2	One (1) in a Circular Pattern only, in hold. Style B	One (1) Spin OR One (1) Combination Spin	One (1) set of Synchronized Twizzles
GOLD 3 minutes +/- 10 seconds	One (1) Combination Lift and one (1) Short Lift	One (1) in a Diagonal Pattern only, in hold. Style B		
MASTERS 3 minutes +/- 10 seconds	OR			
ELITE 3 minutes +/- 10 seconds	Three (3) different types of Short Lift			
The points for each Program Component are multiplied by a factor of 1.2				