

ICE SKATING AUSTRALIA 2022 / 2023 Synchronized Skating Elements V2 (May 2022)

Refer also to ISU Communication 2471

<https://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/related-documents-1/28397-technical-requirements-season-2022-23/file>

SHORT PROGRAM	1	2	3	4	5
Junior 5 Elements Maximum 2 min 50 sec Components all marked - Factor 0.8	Intersection Element <ul style="list-style-type: none"> • TRIANGLE Intersection • Additional Feature (point of intersection) is required • Features are permitted and will be counted if correctly executed 	Move Element <ul style="list-style-type: none"> • 1 fm must be executed by each skater • Must be the same fm but different feet are permitted 	No Hold Element <ul style="list-style-type: none"> • Features ONLY will be counted • Maximum SB will be called 	Pivoting Element - Block <ul style="list-style-type: none"> • Pivoting must be executed in three (3) lines 	Twizzle Element Must not be executed immediately before or after the No Hold Element
Senior 5 Elements Maximum 2 min 50 sec Components all marked - Factor 0.8	Intersection Element <ul style="list-style-type: none"> • WHIP Intersection • Additional Feature (point of intersection) is required • Features are permitted and will be counted if correctly executed 		No Hold Element <ul style="list-style-type: none"> • Step Sequence, Additional Feature is required • Only Step Sequence, Additional Feature will be counted • Maximum NHEB will be called (Features not required) 	Choice of Artistic Element – Circle OR Artistic Element - Wheel	

FREESKATING	1	2	3	4	5			6	7	8
Junior 8 Elements 3 min 30 sec +/- 10 sec	Creative Element - Lift	Two (2) Different Intersections Additional Feature (Point of Intersection (pi)) is optional and will be counted if executed correctly. TRIANGLE Intersection not permitted		Linear Element - Line	No Hold Element <ul style="list-style-type: none"> • Step Sequence, Additional Feature is required • Only Step Sequence, Additional Feature will be counted Maximum NHEB will be called (Features not required)			Synchronized Spin Element	Traveling Element	Choice of Move Element with up to 2 different fms OR Pair Element
FREESKATING	1	2	3	4	5	6	7	8	9	10
Senior 10 Elements 4 min +/- 10 sec	Creative Element – Group Lift	Group Lift Element gliding with rotations	Two (2) Different Intersections Additional Feature (Point of Intersection (pi)) is optional and will be counted if executed correctly. WHIP Intersection not permitted		Move Element with up to 2 different fms.	No Hold Element <ul style="list-style-type: none"> • Only Features are required and will be counted • Maximum SB will be called 	Pair Element	Pivoting Element - Block	Synchroniz ed Spin Element	Artistic Element – Block, Circle, Line or Wheel OR Mixed Element

ICE SKATING AUSTRALIA 2022 / 2023 Synchronized Skating Elements V2 (May 2022)

Refer also to ISU Communication 2471

<https://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/related-documents-1/28397-technical-requirements-season-2022-23/file>

FREESKATING	1	2	3	4	5	6	7	
Mixed Age 7 Elements 3 min +/- 10 sec	Intersection Element Additional Feature (Point of Intersection (pi)) is optional and will be counted if executed correctly.	Move Element Up to 2 different fms	No Hold Element Additional Feature (Step Sequence (s)) is optional and will be counted if executed correctly.	Pivoting Element – Block	Synchronized Spin Element	Twizzle Element Must not be executed immediately before or after the No Hold Element	Choice of Artistic Element – Circle or Wheel	
Advanced Novice 6 Elements 3 min +/- 10 sec	Intersection Element Additional Feature (Point of Intersection (pi)) is optional and will be counted if executed correctly.	Move Element Up to 2 different fms.	No Hold Element There must be at least one (1) Twizzle included within the element Additional Feature (Step Sequence (s)) is optional and will be counted if executed correctly.	Synchronized Spin Element	Travelling Element	Choice of Artistic Element – Block, Circle, Line or Wheel		
Basic Novice 6 Elements 3 min +/- 10 sec	Artistic Element – Circle,	Intersection Element Additional Feature (Point of Intersection (pi)) is optional and will be counted if executed correctly.	Linear Element – Line	Move Element Up to 2 different fms	Pivoting Element – Block	Traveling Element	Comment	
							Maximum element levels can be attempted but the level awarded will be one level lower than the maximum defined in the ISU Technical Rules. The highest difficulty Group of an Additional Feature may be attempted and will be called as executed.	

Note

Elite 12 pending Congress decision and approval of changes to ISA By-Laws

ICE SKATING AUSTRALIA 2022 / 2023 Synchronized Skating Elements V2 (May 2022)

Refer also to ISU Communication 2471

<https://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/related-documents-1/28397-technical-requirements-season-2022-23/file>

FREESKATING	1	2	3	4	5	6
<p>Advanced Adult</p> <p>6 Elements</p> <p>3 min +/- 10 sec</p>	<p>Intersection Element</p> <p>Additional Feature (Point of Intersection (pi)) is optional and will be counted if executed correctly.</p>	<p>Pivoting Element – Block</p>	<p>Linear Element – Line</p>	<p>Travelling Element</p>	<p>Choice of</p> <p>Artistic Element – Block, Circle, Line or Wheel</p> <p>OR</p> <p>Mixed Element</p>	<p>No Hold Element</p> <p>Additional Feature (Step Sequence (s)) is optional and will be counted if executed correctly.</p>
<p>Adult</p> <p>5 Elements</p> <p>3 min +/- 10 sec</p>	<p>Intersection Element</p> <p>Additional Feature (Point of Intersection (pi)) is optional and will be counted if executed correctly.</p>	<p>Pivoting Element – Block</p>	<p>Linear Element – Line</p>	<p>Travelling Element</p>	<p>Choice of</p> <p>Artistic Element – Block, Circle, Line or Wheel</p> <p>OR</p> <p>Mixed Element</p>	