

### ISA Pattern Dance and Pattern Dance Element Timing, Steps and Percentages 2021-2022

CATEGORY	DANCE		DURATION per SECTION or SEQUENCE	REQUIRED SECTION or SEQUENCES	No of STEPS per SECTION or SEQUENCE	NUMBER of STEPS				
						10%	25%	50%	75%	90%
Elementary Solo Dance RD	Cha Cha	116 bpm	33.5	2 Sequences	38	4	9	19	29	34
Adult Bronze PD Adult Solo Dance RD	Fourteen Step	112 bpm	10.5 – 10.9	4 sequences	14	1	4	7	11	13
Adult Masters and Masters Elite PD	Rhumba	176 bpm	15 secs	4 Sequences	16	2	4	8	12	14
Adult Gold PD	Silver Samba	108 bpm	30 secs	2 sequences	52	5	13	26	39	47
Adult Gold, Masters and Masters Elite PD	Starlight Waltz	74 bpm	34.8 – 35.6 secs	2 Sequences	32	3	8	16	24	29
Adult Bronze PD	Swing Dance	100 bpm	40 secs	2 Sequences	30	3	8	15	23	27
Adult Silver PD	Tango	108 bpm	28.4 – 29.4	2 Sequences	22	2	6	11	17	20
Elementary PD	Tango Canasta	108 bpm	15.8 – 16.5	3 Sequences	14	1	4	7	11	13
Elementary Solo Dance PD Adult Solo Dance PD	Tango Fiesta	108 bpm	18 secs	3 Sequences	16	2	4	8	12	14
Basic Novice Solo Dance RD	Ten Fox	100 bpm	19 secs	3 Sequences	19	2	5	10	15	17

Information for other Pattern Dances and Pattern Dance Elements for the 2021-2022 Season can be found in ISU Communication 2374 p4.